

1989

8

3rd annual Senior Games scheduled June 5-9 in Clark-Floyd

The third annual Senior Games will be held June 5-9 at different locations in Clark and Floyd Counties. The games are for people 55 years old or older in Area 14, which includes Clark, Floyd, Harrison and Scott Counties.

The following is a schedule of events for the week:

MONDAY, JUNE 5

9:15 a.m. — The fun walk will be down Spring Street in Jeffersonville. It will start at the corner of Spring and Maple Streets.

10:15 a.m. — The opening ceremonies, which include the release of 1,000 balloons, will be held in the Preservation Park at West Market Street in Jeffersonville.

11 a.m. — Following the opening ceremonies, there will be a Frisbie Contest at the Clark Arms Park in Jeffersonville. The frisbies and prizes are donated by the John-Kenyon Eye Center.

Noon — Participants are invited to a free lunch. Pizzas will be furnished by Little Caesars Pizza (Bill and Mary Nesom). Beverages will be donated by Winn-Dixie. Dessert will be provided by Drs. Bradley C. Black and Julie S. Lee.

1 p.m. — Super Bingo games at the Clark Arms Park will complete the

day. The John-Kenyon Eye Center will give a grand prize.

TUESDAY, JUNE 6

8 a.m. — Bring your golf clubs to Twilight Golf Course at 5316 Hwy. 62. The Hartfield Company is sponsoring the golf outing.

8 a.m. to noon — The fishing contest will be held at Community Park in New Albany. Medals will be awarded to the persons catching the largest fish (by weight), the longest fish and the most fish. Everyone must furnish his/her own pole and bait. Dinner will be provided by the John-Kenyon Eye Center.

1:00 p.m. — There will be a horseshoe pitching contest at Community Park in New Albany.

WEDNESDAY, JUNE 7

8 to 10 a.m. — The one- and two-mile walk will start on the Indiana University Southeast campus in New Albany.

10 a.m. to 1 p.m. — After the walks, there will be "fun games" and a free picnic lunch provided by the Marriott Food Service and the Kentuckiana Food Service. The fun prizes will be provided by the John-Kenyon Eye Center.

1 to 4 p.m. — Euchre, bridge, pinnole and checkers will be played in the Hoosier Room at Indiana

University Southeast. Cookies and punch will be provided by Yesterday House.

1:15 to 4 p.m. — There will be bowling at Blackiston Bowl at 1516 Blackiston Mill Road in Clarksville. Trophies provided by the American Eye Institute are to be given for the highest score in the right age bracket for men and women in two categories: beginners and non-beginners. A snack for the first 200 people who sign up will also be provided by the American Eye Institute.

THURSDAY, JUNE 8

8:30 a.m. to 3:30 p.m. — The Health Fair will be held at Trinity United Methodist Church at 2796 Charlestown Road in New Albany. The event is co-sponsored by the Jeffersonville and Floyd County Chapters of the American Association of Retired Persons (AARP).

Blood pressure and blood sugar screenings and glaucoma, body fat, hearing tests, foot examinations, and denture and nutrition information will be offered free-of-charge. There will be a \$10 charge for cholesterol tests.

The groups involved in the event, besides the sponsors, include John-Kenyon Eye Center, Floyd

Memorial Hospital, Miracle Ear, Dr. Bradley C. Black, Dr. Julie S. Lee, Floyd County Extension Office, David H. Bolonkin, American Heart Association, Dr. Ronald Leo Receveur and Clark County Memorial Hospital.

Also involved in the event are Akin Medical Center, Jeffersonville YMCA, American Eye Institute, Visiting Nurse Association of Southeastern Indiana, Consumer Pharmacy, Norton Senior Connection and the South Central Indiana Council for the Aging and Aged, Inc.

10 a.m. to 1 p.m. — Games for nursing home residents will be held. Providence Retirement Home, which is located at 701 E. Spring St. in New Albany, will host this event. Lunch will be provided by Sisters Barbara Ann Zeller and Maria Smith.

1 to 3 p.m. — The swimming event will be held at New Albany High School, which is located at 1020 Vincennes Street. An innertube race and an air mattress race have been added to this year's events. Medals will be awarded to the winners. It is requested that participants in the swimming events should not eat a large lunch. Snacks will be provided.

FRIDAY, JUNE 9

Closing ceremonies will be held at

the Grand Convention Center at 133 East Market Street in New Albany.

9:30 a.m. — The doors will open. There will be booths to visit.

10:15 a.m. — "The Bavarians," a German band, will play.

11:15 a.m. — The introductions will be given.

11:45 a.m. — There will be a free lunch.

12:45 to 1:30 p.m. — Door prizes will be given, followed by the awarding of medals and plaques.

IN CASE OF RAIN

The following is the re-scheduling of different events in case of rain:

June 5 — There will be no fun walk. The opening ceremonies, lunch and bingo will be held at Ken Ellis Center in Jeffersonville.

June 6 — The golf event will be held June 8 at Twilight Golf Course at 8 a.m.

June 7 — There will be no one- and two-mile walks, picnic, or fun games. The card games and bowling will remain as scheduled.

Registration forms may be picked up at several locations in the area or they may be obtained by contacting the South Central Indiana Council for the Aging and Aged, Inc., 134 E. Main St., New Albany, 948-8330.

The Tribune,
New Albany, Ind.,
Friday, April 28, 1989

Sign-Ups Beginning For Senior Games

The Council for the Aging is now accepting applications for the third annual Senior Games of Indiana to be held June 5-9.

The first 500 seniors to sign up for one or more games will receive a free yellow T-shirt.

Events this year include the Fun Walk, Frisbie Contest, free lunch for the Fun Walkers and Bingo on Monday, June 5.

On June 6, seniors are invited to play golf or fish. Those fishing will enjoy a free picnic lunch, followed by horseshoes in the afternoon.

The one and two mile walks will highlight June 7. There will also be games with prizes, and a picnic lunch. In the afternoon the participants may play cards or bowl.

The Providence Retirement Home is hosting games for nursing home residents in the four-county area. Lunch will be provided.

Swimming (with a free snack following the event) and a Health Fair are offered on Thursday, June 8. Blood pressure, blood sugar, glaucoma and cataract testing, body fat, hearing, pulmonary function screening, and foot exams will be available at no charge; Cholesterol

testing will be \$10.

Closing Ceremonies will be on June 9 at the Grand Convention Center with prizes, booths, entertainment, free lunch for participants and guests, and award of medals to the winners will complete the day and the week.

Application blanks and a complete schedule of times and events are available at the Council for the Aging, 134 E. Main St., New Albany. The Games are for Seniors 60 years of age or older.

The registration fee of \$5 covers all of the events with the exception of the cholesterol test.

The 500 T-shirts will be in the office May 1, and will be distributed on a first come-first served basis.

1989

Plans are finalized for third annual senior games

There is still time to sign up for the third annual Senior Games of Indiana, which will be held June 5-9.

Events this year include the Fun Walk, Frisbie Contest, free lunch for the Fun Walkers and Bingo in Preservation Park, Jeffersonville, Monday, June 5.

On June 6, seniors are invited to play golf or fish. Those fishing will enjoy a free picnic lunch, followed by horseshoes in the afternoon.

The one and two mile walks will highlight June 7. There will also be games with prizes, and a picnic lunch. In the afternoon, the participants may play cards or bowl.

The Providence Retirement Home is hosting games for nursing home residents in the four-county area. Lunch will be provided.

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are offered on Thursday, June 8. Blood pressure, blood sugar, glaucoma and cataract testing, body fat, hearing, pulmonary function screening, and foot exams will be available at no charge; Cholesterol testing will be \$10.

Closing Ceremonies will be on June 9 at the Grand Convention Center, New Albany, with prizes, booths, entertainment, free lunch for participants and guests, and award of medals to the winners will complete the day and the week.

Application blanks and a complete schedule of times and events are available at the Council for the Aging, 134 E. Main Street, New Albany, IN 47150 or call 948-8330 for further information.

The registration fee of \$5 covers all of the events and food, with the exception of the cholesterol test.

There are still 100 tee shirts (size large) available, which will be distributed on a first come-first served basis.



Staff photo by Barb Piper

GLADYS BLANKENBEKER, left, shows her senior games of Indiana medals which she won last year to Thelma Bertrand, senior games coordinator. Mrs. Blankenbeker is entered in all events this year.

IT'S NOT TOO LATE TO PARTICIPATE IN Senior Games of Indiana

June 5-9

EVENTS INCLUDE

Fun Walk
Frisbie Contest
Bingo
Golf
Fishing
One & Two Mile Walks
Cards & Checkers
Bowling
Swimming
Health Fair
Award of Medals
Door Prizes
Free Food

100 Tee Shirts (Large)

\$5 Registration Fee Covers
Everything Except Cholesterol Test

CALL 948-8330 OR
COME TO OUR OFFICE
COUNCIL ON AGING

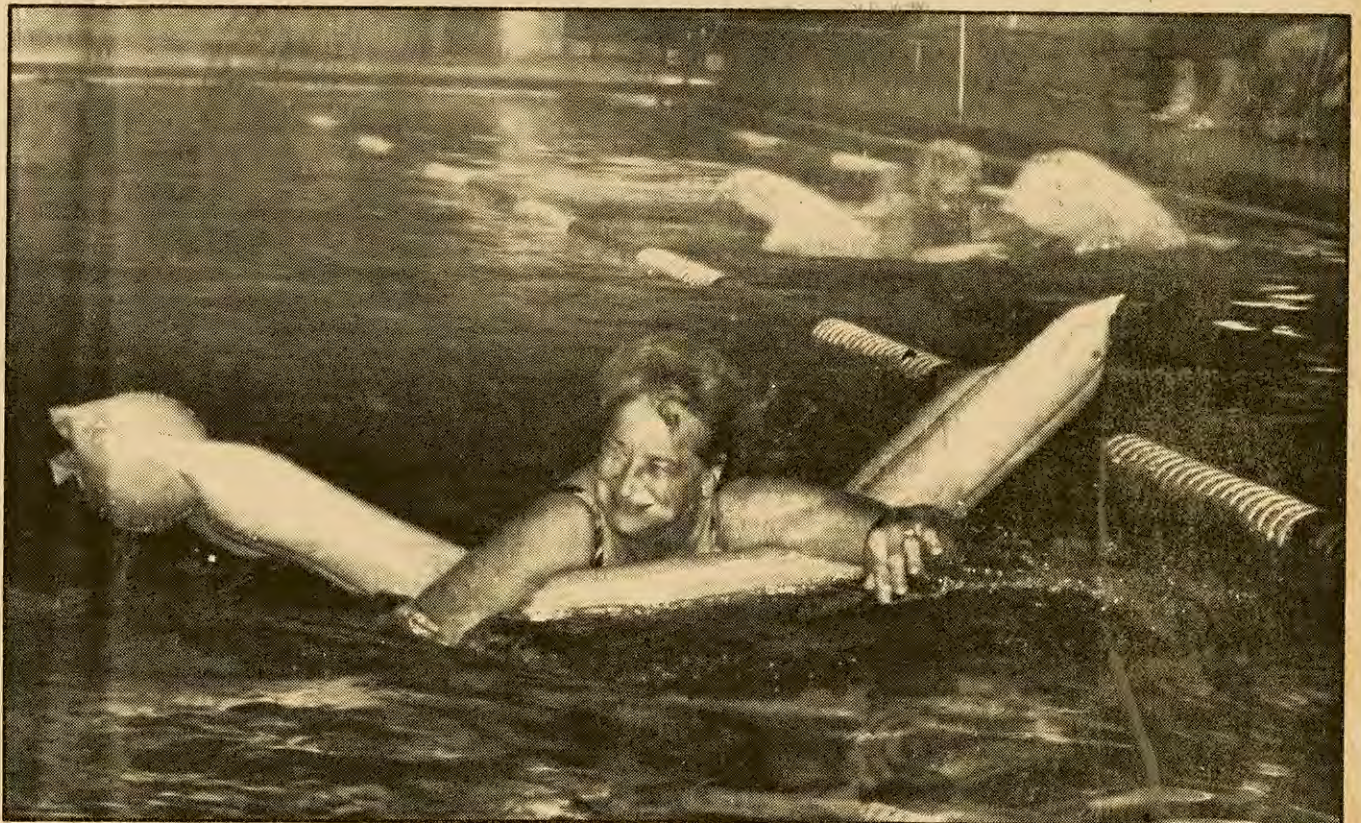
134 E. Main Street
New Albany

Seniors Game For Fun



(Tribune Photo by Dan Beck)

NUMBERS GAME — Jack Oberhausen, above, of New Albany concentrates on his bingo card as numbers are called. He was among over 300 senior citizens who played bingo as one of the indoor events of the annual week-long Senior Games.

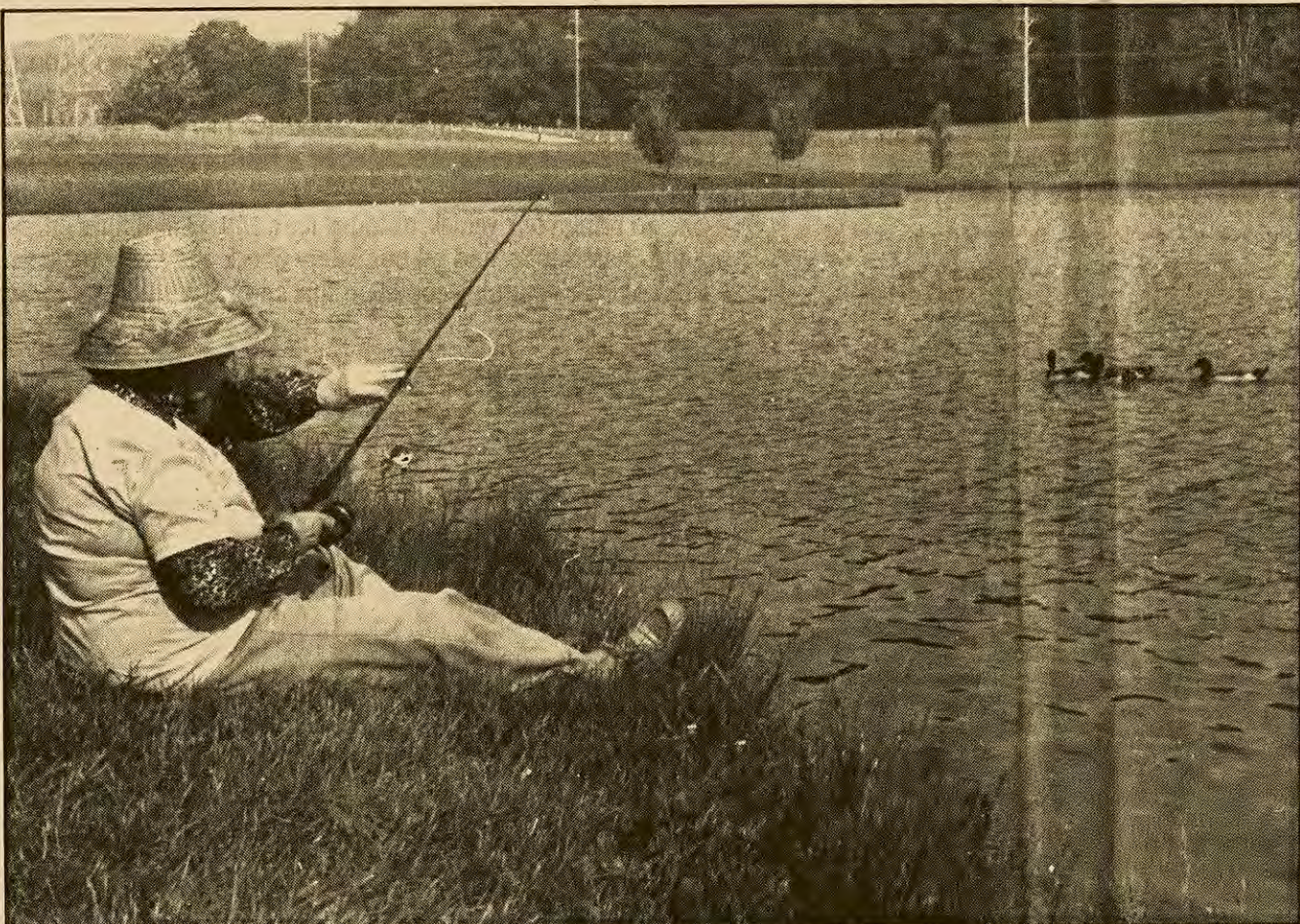


AIRING TENSIONS — Esther Rhoads, of New Albany, seems relaxed as she floats her way to the finish line during the air mattress swimming event at New Al-

bany High School during the Senior Games. Rhoads placed second in the air mattress and inner tube events. (Tribune Photo by Kathy Dougherty)



GOOD LUCK SHOES — Inez Bright of Jeffersonville throws one of her two horseshoes, while Polly Neimeier marks her scores during a Senior Games competition at Community Park. (Tribune Photo by Kathy Dougherty)



GONE FISHIN' — New Albany resident Mary Riggins enjoys her little island spot to fish in the lake at Community Park while a flock of mallards approach her. Par-

ticipating in the third annual Senior Games, Riggins said she's been involved every year. (Tribune Photo by Kathy Dougherty)



TOSS 'O' THE BAG — Gene Constatine, a resident at Willow Brook Manor Nursing Home in Clarksville, tosses a bean bag at a target on the floor of Providence Retirement Home during the Senior Games.

(Tribune Photo by Kathy Dougherty)

COUNCIL COMMENTS

26

Robert J. Maze
Retired Senior Volunteer Program
948-8330

Thelma Bertrand
Executive Director
948-9161

Mary Lukemeier
Title VII Nutrition Program
948-8873

April 4, 1974

The Council welcomes the addition of SCOTT County to our area. In the near future the Scottsburg Title VII Nutrition Program will be under the direction of Mary Lukemeier, our Title VII Nutrition Director. (You'll like her - she's friendly, efficient, and lives and breathes the "Nutrition Program".)

Mr. Carroll G. Gowens, Executive Director of the Department of Redevelopment and the Housing Authority of the City of Jeffersonville, has given permission to use Clark Arms as a Senior Citizens Center. Thank you, Mr. Gowens, for your efforts in our behalf! The minute the "one-time" funding is received (hopefully, the first part of April) equipment will be purchased for Clark Arms. A Senior Citizens Center is planned for all 4 Counties.

Watch for the blue van with the Title VII sign on it! We're in business!!!!!!!!!!!!!! The Council plans to add more transportation on service in 1974.

We would appreciate receiving calls and letters from you, offering suggestions and comments - and telling us what the program means to you.

Our Council was formed to serve Senior Citizens - and that's what we want to do!

Thelma Bertrand (Phone 948-9161)

RSVP COFFEE.....
WHO? All RSVP Volunteers
WHAT? An informal get-together just to enjoy each other's company.
WHEN? Monday, April 29, 2:30-4:00 P.M.
WHERE? Grace Presbyterian Church
555 Eastern Blvd., Clarksville

Coffee and Tea will be provided. Everyone please bring your favorite cake, cookies, or pastry. Also bring the recipe so you can share it with others. Transportation will be provided from: Charlestown Community Center, Clark Arms, Gilt Edge, Parkview Towers, Beechwood Meal Site and Ekin Avenue Recreation Center. Call the RSVP Office for transportation, 948-8330.

VOLUNTEER HOURS.....
It is very important for us to have an accurate record of volunteer hours by the end of each month. Please fill out your RSVP Report Form where you serve OR call the office with the hours you have served.

New Opportunities for RSVP Volunteers.....
- American Cancer Society
Help ½ day or a day in the office - answer phone, relay messages, etc.
- 4-H Clubs - Aid leaders in summer projects.
- Rehabilitation Center - Help patients in

- Providence Retirement Home - Greet visitors answer phone and visit with residents.
- Hillcrest Nursing Home - Groups of volunteers to visit weekly.

WORKSHOPS.....
1. Charlestown Community Center - Every Wednesday.
2. Jeffersonville - 1st Thursday
3. Clarksville - 3rd Thursday
4. New Albany - 3rd Friday

Call the office for further information, 948-8330.

Title VII Nutrition News!.....
Following is a schedule of activities offered at each center:

CLARK ARMS, Jeffersonville.....
Monday, ceramics class. Tuesday, bingo party. Wednesday, free day. Thursday, shopping trip and bingo party. Friday, free day.

WALL STREET UNITED METHODIST CHURCH, Jeffersonville.....
Thursday, shopping trip.

GILT EDGE BAPTIST CHURCH, Jeffersonville.....
Thursday, shopping day. Friday, craft activities.

CHARLESTOWN FRIENDSHIP COMMUNITY CENTER, Charlestown.....
Monday, Free day. Tuesday, bingo. Wednesday, workshop, RSVP. Thursday, friendship day. Friday, bingo.

PARKVIEW TOWERS, New Albany.....
Monday, bingo and card games. Tuesday, free day. Wednesday, big bingo party. Thursday, shopping trip. Friday, ceramics classes.

BEECHWOOD COMMUNITY CENTER, New Albany.....
Monday, bingo. Tuesday, Senior Citizens Club meeting. Wednesday, craft day. Thursday, shopping trip. Friday, bingo.

CORYDON CHRISTIAN CHURCH, Corydon.....
Monday, free day. Tuesday, Workshop crafts. Wednesday, free day. Thursday, crafts workshop. Friday, free day.

TRANSPORTATION ANYONE????????????????????
Transportation and escort service is now available through the Title VII 12-passenger van which has started making scheduled routes in the Jeffersonville and New Albany area.

Goldie Goodman is our van driver. Special van trips will be planned for all centers in the near future.

COMMUNITY NEWS AND INFORMATION.....
(A service offered to non-profit agencies for the benefit of our Senior Citizens.)

SALVATION ARMY.....
Senior Citizens Camp, Saturday, July 6 starting at supper through Friday at breakfast, July 12. This year's theme is, "Christmas in July". Price is \$17.50. The camp is located outside of Indianapolis in Oaklandon. Transportation can be arranged by calling 944-1018.

DOWNTOWN NEIGHBORHOOD COUNCIL.....
We have a "Grow Your Own Garden Program" starting. Anyone willing to get out and hoe your own garden and plant it, land and transportation is available. Call to register for Garden Program today, 948-9248.

The Phone Counsel Service known as CONTACT RAP is now 24 hours.

Dial-A-Care is a new program just started. Sign up now to be called by a counselor if you want to be called every day.

PAGE ACTIVITIES.....
We are having a miniature car race this Saturday, April 6, 2:00 p.m. at the Clark County Youth Camp in Henryville, the public is invited. This involves boys assigned to the Clark County Youth Camp and their counselors.

Since February 14 we have been having a daily Jail Visitation Program in operation, whereby you are able to go through the jail every day from 8:00 a.m. to 9:00 a.m. serving as a liaison between the confined offender, his family, lawyer, etc. Frequently we make phone calls for the people in jail. This is a direct service for the people in jail.

MENTAL HEALTH.....
People should be able to get some satisfaction and enjoyment from life, to get along with others, and to be reasonably free from anxiety. If these things are in the future for you, your Clark County Health Center may be able to help you. The Southern Indiana Mental Health and Guidance Center in Jeffersonville offers personal counseling. There are other services to those who are having trouble handling life situations. Coming to the Center does not mean that you are mentally ill, just that you would like some professional help to get your life back on the track. Its not required to be referred by anyone. You may call the office for an appointment. You will be charged a fee that you can afford, and all information will be held in strict confidence.

The Mental Health Center is located at 207 W. 13th Street, Jeffersonville, 283-4491.

CENTER FOR LAY MINISTRIES.....
The Senior Citizens in Clark County will be having their Senior Citizens Market Day at the Green Tree Mall this Saturday, April 6, in the West Section of the Mall from 10:00 a.m. to 9:00 p.m. The group will be selling their home-made material and displaying their hobbies. We would appreciate your support.

INDIANA DIGEST

COMPILED BY ED SCHUELER

THE COURIER-JOURNAL

TUESDAY, MAY 2, 1989

The Council for the Aging is accepting applications for the third annual **Senior Games of Indiana** to be held June 5-9. The first 500 people age 60 and older to sign up for one or more games will receive a free yellow T-shirt.

Activities include a fun walk, Frisbee contest, bingo, one- and two-mile walks, games with prizes, cards, bowling, swimming and a health fair. The closing ceremony will be in the Grand Convention Center, 138 E. Market St., New Albany, with door prizes, booths, entertainment, free lunch for participants and guests and medals for winners.

Application blanks and a complete schedule of times and events are available at the Council for the Aging, 134 E. Main St., New Albany. The \$5 registration fee covers all events except a \$10 cholesterol test. For more information, call 948-8330.

"Robin Hood" will be presented by the fifth- and sixth-graders at Lillian Emery School at their seventh annual dessert theater production at 6:30 p.m. Thursday at the school, 1111 Pearl St., New Albany. Tickets are available from students or at the door. Admission for the dessert and play is \$2; admission to the play alone, which starts at 7:30, is \$1.

A free **Floyd County Mini Orchestra** concert will be presented at 7:30 p.m. tomorrow in the auditorium of New Albany High School, 1020 Vincennes St. It will introduce young people considering instrumental lessons to the music opportunities in the Floyd County school system.

The Rehabilitation Center and Goodwill Industries of Southeastern Indiana, 1329 Applegate Lane, Clarksville, offers free **blood-pressure screenings** every Wednesday from 8 a.m. to 5 p.m.

The American Red Cross blood-mobile schedule for tomorrow: Kent Christian Church, Route 5, Madison, from 2-7 p.m.; and Red Cross Center, 411 E. Seventh St., Bloomington, from 9:30 a.m. to 1:30 p.m.

MEETINGS TOMORROW

Take Off Pounds Sensibly. Chapter 20, Ekin Avenue Recreation Center, 1721 Ekin Ave., New Albany, noon. Visitors welcome.

Silvertoners. Singing group open to anyone 55 or older. Central Christian Church, 1315 E. Spring St., New Albany, 1:30 p.m.

New Directions. Lillian Emery Elementary School, 1111 Pearl St., New Albany, 3 p.m. This is a free Floyd County project for the prevention of delinquency in 9- through 15-year-olds identified as being at risk. For information, call 945-4107.

Altrusa Club. Prosser Vocational Center, 4202 Charlestown Road, New Albany. 6 p.m. Dinner meeting.

Jeffersonville Jaycees. Jaycee Building, 231 Pearl St., Jeffersonville, 7:30 p.m.

Little Angel Auxiliary of Southeastern Indiana Rehabilitation Center. Clark Arms, 117 W. Market St., Jeffersonville, 7:30 p.m.

Al-Ateen. Room M-128, LifeSpring Mental Health Services, 207 W. 13th St. Jeffersonville, 8 p.m.

Al-Anon. Auditorium, LifeSpring Mental Health Services, 207 W. 13th St., Jeffersonville, 8 p.m.; Mount St. Francis Retreat Center, Floyds Knobs, 8 p.m.

Alcoholics Anonymous. Charlestown Group, Woodbridge Community Building, 133 Water St., Charlestown, 8 p.m.

Indiana Digest contains news and announcements from Southern Indiana. Send items to Indiana Digest, The Courier-Journal, 525 W. Broadway, Louisville, Ky. 40202, or call 582-4234.



The Tribune,
New Albany, Ind.,
Monday, May 8, 1989

GETTING SUITED UP — Lee McClaren gets some help with the official Senior Games T-shirt from Sherrill Williams, left, deputy director of the South Central Indiana Council for the Aging and Aged, Inc., in preparation for the annual event sponsored

by the council. The week of games will open Monday, June 5, at Preservation Park in Jeffersonville at 10:15 a.m., following a "Fun Walk" down Spring Street at 9:15. For information, call 948-8330.

(Tribune Photo by Don Beck)

IT'S NOT TOO LATE TO PARTICIPATE IN SENIOR GAMES OF INDIANA

June 5 - 9

EVENTS INCLUDE:

FUN WALK
FRISBIE CONTEST
BINGO
GOLF
FISHING
ONE & TWO MILE
WALKS
CARDS &
CHECKERS
BOWLING
SWIMMING
HEALTH FAIR
AWARD OF
MEDALS
DOOR PRIZES
FREE FOOD
100 TEE SHIRTS
(LARGE)

**\$5.00 REGISTRATION
FEE COVERS
EVERYTHING
EXCEPT
CHOLESTROL TEST.**

**CALL 948-8330 or
Come To Our Office
Council On Aging**

**134 E. Main Street
New Albany**



The Sunday Ledger-Tribune,
New Albany, Ind.,
Sunday, May 21, 1989

CONCERT TICKETS — The Floyd County Council for the Arts, represented by board member Dorice Roberts, recently donated 10 senior citizen tickets for a Louisville Orchestra concert to the Council for the Aging. Receiving the tickets is Thelma Bertrand, Council president. Tickets for the 8 p.m. Wednesday concert at Trinity United Methodist Church in New Albany are \$8 for adults, and \$6 for students and senior citizens. (Tribune Photo by Marti Wenz)

THE INDIANA WEEKLY, WEDNESDAY, MAY 31, 1989w

Information available for Senior Games of Indiana

The Senior Games of Indiana will run from Monday through next Friday (June 9) at locations throughout the state. Following is a list of locations in the southern part of the state with the counties they serve and phone numbers to call for complete schedules and other information.

Area 10, serving Monroe and Owen counties, (812) 334-3303; Area 11, serving Bartholomew, Brown, Decatur, Jackson and Jennings counties, (812) 372-6912;

Area 12, serving Dearborn, Jefferson, Ohio, Ripley and Switzerland counties, (812) 432-5215; Area 13A, serving Daviess, Dubois, Greene, Knox, Martin and Pike counties, (812) 885-4292; Area 13B, serving Gibson, Perry, Posey, Spencer, Vanderburgh and Warrick counties, (812) 464-7800; Area 14, serving Clark, Floyd, Harrison and Scott counties, (812) 948-8330; and Area 15, serving Crawford, Lawrence, Orange and Washington counties, (812) 849-4457.

Seniors Ready For Games

SUNDAY, JUNE 4, 1989

Events on Monday mark the beginning of the Third Annual Senior Games of Indiana.

Area senior citizens will take part in various activities, ranging from golf to bowling to an air mattress race during the week-long festivities.

Dr. Maurice John will carry the original Olympic torch as he leads the Fun Walk down Spring Street in Jeffersonville at 9:15 a.m. Monday. Following behind John will be the color guard from American Legion Post 35, Ordie Day Combo, Jeffersonville police, Mr. Sunnyside, and 400 seniors, clad in bright yellow t-shirts.

Opening ceremonies, the official kickoff of the games, will be at Preservation Park in Jeffersonville. Mayors Dale Orem of Jeffersonville and Robert Real of New Albany, along with Sandy Tope of Blue Cross and Blue Shield, and Doyle Owens of Indiana Bell will welcome participants and guests. One thousand balloons will be released and Patricia Jewell, executive director for the South Central Indiana Council for the Aging and Aged, Inc., will fire the gun signifying the official beginning of Senior Games of Indiana.

Each of the events is filled with anxious seniors ready to have fun. The largest events will be Closing Ceremonies, with over 400 seniors taking part, and on

Schedule Of Events

MONDAY, JUNE 5

9:15 a.m. — Fun Walk, begins at Spring and Maple streets in Jeffersonville

10:15 — Opening Ceremonies, Preservation Park, West Market Street, Jeffersonville

11:00 — Frisbee Contest, Preservation Park

Noon — Free Lunch, Preservation Park

1 p.m. — Super Bingo Games, Preservation Park

TUESDAY, JUNE 6

8 to noon — Golf, Twilight Golf Course, 5316 Highway 62, Jeffersonville; or Fishing Contest, Community Park, New Albany

1 p.m. — Horseshoes, Community Park

WEDNESDAY, JUNE 7

8 to 10 a.m. — One- and two-mile walks, IUS Campus, New Albany. After the walks, enjoy fun games and a picnic lunch on

the campus.

10 a.m. to 1 p.m. — Games for nursing home residents, Providence Retirement Home, 701 E. Spring St., New Albany

1 to 4 p.m. — Bowling, Blackiston Bowl, 1516 Blackiston Mill Road, Jeffersonville; or Card Games, Hoosier Room at IUS.

THURSDAY, JUNE 8

8:30 a.m. — Health Fair, Trinity United Methodist Church, 2796 Charlestown Road, New Albany

1 p.m. — Swimming, New Albany High School

3 — Innertube race and air mattress race, New Albany High School

FRIDAY, JUNE 9

9 a.m. to 1:45 p.m. — Closing ceremonies, Grand Convention Center, New Albany.

Opening Day with well over 300 participants scheduled to take part in the Fun Walk and Bingo events.

There will also be nearly 200 participants in the one-mile walk and health fair. The latter will offer a variety of medical tests, including blood pressure, blood sugar, cataract, glaucoma, body fat, and hearing tests, will be of-

fered free of charge. Cholesterol tests will also be given for a \$10 fee.

Among those participating in the health fair are Floyd Memorial and Clark County hospitals, John-Kenyon Eye Center, Akin Medical Center, Southern Indiana YMCA, Visiting Nurse Association of Southeastern Indiana, and Consumer Pharmacy.

Over 350 participate in '89 Senior Games

By KIM LAWLESS
Evening News Lifestyle Editor

The third annual Senior Games began yesterday. Approximately 350 senior citizens donned their yellow T-shirts and attended the opening ceremonies even though many of the planned activities had to be canceled due to rain.

"We were really amazed that so many people showed up given the weather," said Pat Jewell, executive director of the South Central Indiana Council for the Aging and Aged, Inc. "It ended up being a successful day. She pointed out that a number of seniors told her that the games had made a potentially dreary day into a highly enjoyable one.

The day opened with the Fun Walk

during which seniors walked down Spring Street in Jeffersonville to Preservation Park on West Market Street. Dr. Maurice John carried the Olympic torch signifying the beginning of the games. John, who is with the John-Kenyon Eye Center, is a strong supporter of seniors and an advocate of physical fitness. "He practices what he preaches," said Jewell.

Upon retiring to the Ken Ellis Center, seniors played bingo and ate pizza from Little Caesar's. Jeffersonville Mayor Dale Orem and Dr. Maurice John spoke briefly to the seniors offering their support, and Ordie Day and the Dixie Dudes entertained with music.

"It was wall-to-wall people," said one Senior Games coordinator. "We

were really expecting to have this outside."

Jewell said that the number of participants has increased greatly from past years. The number of people signed up for some events has doubled or even tripled from last year alone. "The numbers are just phenomenal," she said. In fact, approximately 500 people are expected to attend the closing ceremonies at the Grand Convention Center in New Albany.

According to Jewell, Senior Games began as a Blue Cross-Blue Shield project. "The goal is to promote wellness and exercise and activity for seniors," she said. She pointed out that not only do the Games encourage seniors to lead healthy lifestyles, but they also offer the opportunity for socializing with

peers.

Anyone 55 or over is eligible for participation in the Games. "You don't necessarily have to be a professional athlete," said Jewell. She pointed out that seniors from Scott, Floyd, Clark and Harrison counties are participating in the events.

Seniors in other counties have the opportunity to participate in Senior Games as well. "Six area agencies statewide are having games this week as well," continued Jewell. "So it's really a big event."

Jewell attributes much of the success of the Senior Games to the 15 advisory board members. "Believe me they do work," she said. "Each member is responsible for an event."

Jewell is also quite pleased with the amount of support Senior Games is

receiving from the community. "It's just unbelievable how much has been donated," she said. "Each year local support grows, and that shows a lot of community spirit and a lot of interest in the seniors. It's sort of contagious."

Senior citizens are looking forward to a week filled with such activities as walking, fishing and bowling. "It's really a week that's jammed packed," said Jewell.

At the end of the week during the award ceremony they will see the fruits of their efforts. Jewell pointed out that the ceremony is her favorite part of Senior Games. Three medals are given out for each event adding up to a total of 250 medals. "When they get those medals," said Jewell, "the smiles are enough to bring you to tears."

WELCOME TO OUR FREE HEALTH FAIR

(Age 55 and Over)
June 8, 1989

TRINITY UNITED
METHODIST CHURCH
2796 Charlestown Road
New Albany

8:30 AM - 3:30 PM

Co-sponsored by the Jeffersonville and Floyd County Chapters of AARP, Council on Aging

BLOOD SUGAR
BLOOD PRESSURE
CATARACT
GLAUCOMA
BODY FAT
HEARING TESTS
FOOT EXAM
PULMONARY FUNCTION
SCREENING
MEDICARE, DENTURE &
NUTRITION INFO
CHOLESTROL \$10.00

Blood Sugar Test: Fast
4 hours before test

Free apple for each participant.
HARSHFIELD BROTHERS PRODUCE CO.

The Sunday Ledger-Tribune,

Sunday, June 4, 1989

EVENING NEWS JUNE 3, 1989

Senior Games are soon to begin

Senior Games of Indiana starts June 5. Jewell, executive director for the Council on Aging, will fire the gun signifying the official beginning of Senior Games of Indiana.

Over 100 participants will compete in Frisbee Golf. Pizza will be provided by Little Caesars Pizza, pies donated by Dr. Black and Dr. Lee, and beverages by Winn Dixie.

Bingo will be enjoyed by 300 seniors, with prizes furnished by many of the merchants in the area and Norton Senior Connection. Dr. John will give a grand prize for a coverall.

Registration to participate ended June 1.

Senior Games continues throughout the week, with the Closing Ceremonies being held June 9 in the Grand Convention Center.

Inside

The third annual Senior Games got underway this week despite a gloomy weather forecast. The games will take place at various locations in Clark and Floyd Counties. Persons 55 and older participate in the games. Page 4

Golden OPPORTUNITIES

Published especially for Senior residents 50 and over by The Evening News - Clark Co. Journal
a Park Publication

The Evening News Golden Opportunities, Jeffersonville, Ind., Tuesday, June 6, 1989 5

The Older Population

The older population — persons 65 years or older — numbered 29.8 million in 1987. They represented 12.3% of the U.S. population, about one in every eight Americans. The number of older Americans increased by 4.3 million or 17% since 1980, compared to an increase of 6% for the under-65 population.

In 1987, there were 17.7 million older women and 12.1 million older men, or a sex ratio of 146 women for every 100 men. The sex ratio increased with age, ranging from 120 for the 65-69 group to a high of 256 for persons 85 and older.

Since 1900, the percentage of Americans 65 + has tripled (4.1% in 1900 to 12.3% in 1987), and the number increased over nine times (from 3.1 million to 29.8 million).

The older population itself is getting older. In 1987 the 65-74 age group (17.7 million) was eight times larger than in 1900, but the 75-84 group (9.3 million) was 12 times larger and the 85+ group (2.9 million) was 23 times larger.

In 1987, persons reaching

age 65 had an average life expectancy of an additional 16.9 years (18.6 years for females and 14.8 years for males).



The release of 1,000 balloons started the 1988 Senior Games. This year's games started yesterday and will continue through the end of the week.

Senior Games being held in Clark, Floyd Counties

The third annual Senior Games, which started yesterday, will be continuing through Friday at different locations in Clark and Floyd Counties. The games are for people 55 years old or older in Area 14, which includes Clark, Floyd, Harrison and Scott Counties.

The following is a schedule of events for today and the remainder of the week:

TODAY, JUNE 6

8 a.m. — Bring your golf clubs to Twilight Golf Course at 5316 Hwy. 62. The Hartfield Company is sponsoring the golf outing.

8 a.m. to noon — The fishing contest will be held at Community Park in New Albany. Medals will be awarded to the persons catching the largest fish (by weight), the longest fish and the most fish. Everyone must furnish his/her own pole and bait. Dinner will be provided by the John-Kenyon Eye Center.

1:00 p.m. — There will be a horseshoe pitching contest at Community Park in New Albany.

WEDNESDAY, JUNE 7

8 to 10 a.m. — The one- and two-mile walk will start on the Indiana University Southeast campus in New Albany.

10 a.m. to 1 p.m. — After the walks, there will be "fun games" and a free picnic lunch provided by the Marriott Food Service and the Kentuckiana Food Service. The fun prizes will be provided by the John-Kenyon Eye Center.

1 to 4 p.m. — Euchre, bridge, pinnole and checkers will be played in the Hoosier Room at Indiana University Southeast. Cookies and punch will be provided by Yesterday House.

1:15 to 4 p.m. — There will be bowling at Blackiston Bowl at 1516 Blackiston Mill Road in Clarksville. Trophies provided by the American Eye Institute are to be given for the highest score in the right age bracket for men and women in two categories: beginners and non-beginners. A snack for the first 200 people who sign up will also be provided by the

American Eye Institute.

THURSDAY, JUNE 8

8:30 a.m. to 3:30 p.m. — The Health Fair will be held at Trinity United Methodist Church at 2796 Charlestown Road in New Albany. The event is co-sponsored by the Jeffersonville and Floyd County Chapters of the American Association of Retired Persons (AARP).

Blood pressure and blood sugar screenings and glaucoma, body fat, hearing tests, foot examinations, and denture and nutrition information will be offered free-of-charge. There will be a \$10 charge for cholesterol tests.

The groups involved in the event, besides the sponsors, include John-Kenyon Eye Center, Floyd

Memorial Hospital, Miracle Ear, Dr. Bradley C. Black, Dr. Julie S. Lee, Floyd County Extension Office, David H. Bolonkin, American Heart Association, Dr. Ronald Leo Receveur and Clark County Memorial Hospital.

Also involved in the event are Akin Medical Center, Jeffersonville YMCA, American Eye Institute, Visiting Nurse Association of Southeastern Indiana, Consumer Pharmacy, Norton Senior Connection and the South Central Indiana Council for the Aging and Aged, Inc.

10 a.m. to 1 p.m. — Games for nursing home residents will be held. Providence Retirement Home, which is located at 701 E. Spring St. in New

Albany, will host this event. Lunch will be provided by Sisters Barbara Ann Zeller and Maria Smith.

1 to 3 p.m. — The swimming event will be held at New Albany High School, which is located at 1020 Vincennes Street. An innertube race and an air mattress race have been added to this year's events. Medals will be awarded to the winners. It is requested that participants in the swimming events should not eat a large lunch. Snacks will be provided.

FRIDAY, JUNE 9

Closing ceremonies will be held at the Grand Convention Center at 138 East Market Street in New Albany.

9:30 a.m. — The doors will open. There will be

booths to visit.

10:15 a.m. — "The Bavarians," a German band, will play.

11:15 a.m. — The introductions will be given.

11:45 a.m. — There will be a free lunch.

12:45 to 1:30 p.m. — Door prizes will be given, followed by the awarding of medals and plaques.

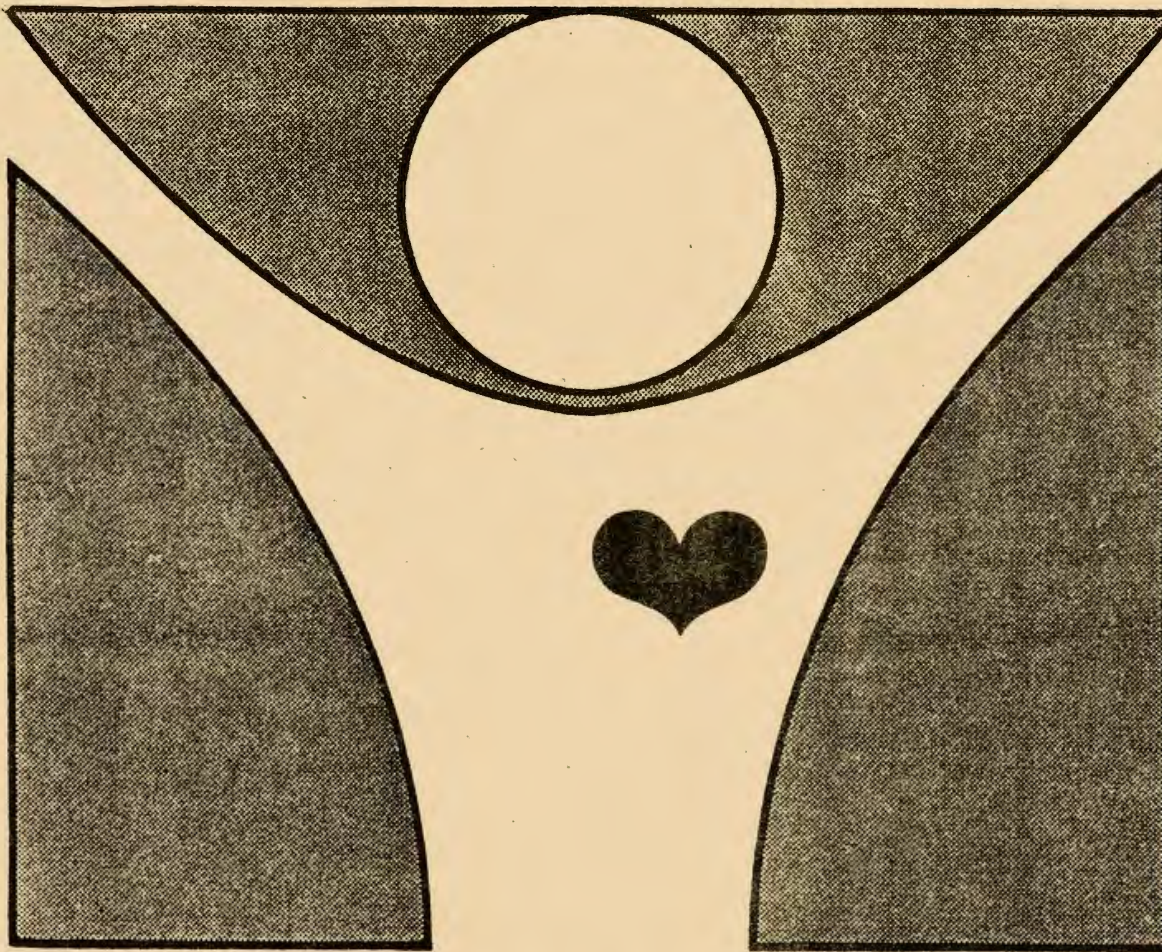
IN CASE OF RAIN

The following is the rescheduling of different events in case of rain:

Today — The golf event will be held Thursday, June 8, at Twilight Golf Course at 8 a.m.

June 7 — There will be no one- and two- mile walks, picnic, or fun games. The card games and bowling will remain as scheduled.

S - E - N - I - O - R GAMES



O F I N D I A N A

Bertrand wins state award for advocacy

BY EUGENE EMBRY
Staff Writer

Thelma Bertrand, former executive director and currently Health Services Director for the South Central Indiana Council for the Aging and Aged, Inc., has been named the recipient of the 1989 Jesse Dickinson Award for Advocacy.

This annual award, which is given in recognition of exceptional service to the elderly of Indiana, was presented to her at the Indiana Federation of Older Hoosiers spring conference in Bloomington.

Bertrand, a New Albany resident, has been professionally involved in the field of aging since 1973. She was executive director of the area agency on aging, whose jurisdiction includes Clark, Floyd, Harrison and Scott Counties, for 11 years.

During this period of time, she was instrumental in the development of a comprehensive network of programs and services for older persons residing in the service delivery area. She semi-retired in 1984, staying with the agency in the capacity of Health Services Director.

Her activities in this position revolve around providing health screenings and health education pro-

grams to hundreds of seniors each year at 18 nutrition sites and senior centers in the area.

"A lot of older people can no longer drive," Bertrand said. "Instead of taking them to the doctor, we try to bring nurses and doctors to the meal sites.

"It's something I chose to do. It's something I really love," she said, adding that the people she worked with made her job better.

In 1987, in addition to her work in health promotion, she assumed the responsibilities of Senior Games coordinator for the agency. This annual event, which will be held June 5-9, provides the opportunity for seniors to compete in a variety of games including one- and two-mile walks, golf, swimming, bowling, cards and horseshoes.

Nursing home games are an important part of the event. Participants compete for gold, silver and bronze medals which are awarded at the closing ceremonies.

Since all of the agencies' federal and state funding is dedicated to services, Senior Games must be self-supporting. Bertrand has been so successful in raising private sector funding for the games that over 500 older persons participated in 1988.

She has also served as commissioner, vice president and president of the Indiana Senior Games Commission.

Bertrand is also active with the Pilot Club of New Albany, Salvation Army, Providence Retirement Home, the Christian Women's Fellowship of Central Christian Church and is the legislative chairperson of Area 14 for the State Legislative Committee.

South Central Indiana Council for the Aging and Aged, Inc. Executive Director Pat Jewell said she was not surprised Bertrand won the award.

"She was instrumental in getting (aging programs) in this part of the state," she said, adding that some of the first meal sites were created under Bertrand's direction.

Jewell, who succeeded Bertrand as executive director, also said Bertrand started with an \$18,000 planning grant and the agency now has over 100 employees and programs throughout a four-county region.

"She is one of the most energetic people I have ever encountered in my lifetime," she said. "The key is that she loves what she does ... work. She's also a person that acknowledges



Thelma Bertrand, left, is congratulated on winning the 1989 Jesse Dickinson Award by Pat Jewell.

people for help they have given her."

Jewell also said Bertrand was a "very, very family-oriented person."

•
The late Jesse Dickinson, the namesake of the award,

was a state senator and representative who in 1954 introduced legislation creating the Commission on Aging and Aged, which later became the Indiana Department of Human Services.

Florida lotto winner uses money to help elderly

ORLANDO, Fla. — Sheelah Ryan, whose \$55.2 million winnings in Florida's Lotto represent the nation's largest individual lottery jackpot, is shunning the lifestyles of the rich and famous to help the less fortunate.

The former real-estate saleswoman heads the Ryan Foundation Inc., which is dedicated to single mothers, abused women and the elderly.

The foundation founded in December is building low-cost housing in Seminole County in north central Florida, and is paying overdue rents to spare single mothers and their children the nightmare of eviction.

Ryan, who lives in the

Seminole County city of Winter Springs about 10 miles northeast of Orlando, also wants to create a fund to grant wishes to elderly people who may have only a few months to live.

"I don't have enough money to solve the world's problems, or Florida's problems or even Seminole County's problems," she said recently at the foundation's modest office. "But I can make a difference. I can help people who are going through devastating times."

"I guess I've disappointed a lot of people," said Ryan, 63. "I could be traveling all over the world, or have a beautiful mansion on the ocean or have a chauffeur-driven

Rolls Royce. ... But that's not my style."

It's not that the big win last September didn't change Ryan's life; she did buy a house, a Lincoln Town Car and, her favorite purchase, a videocassette recorder. But she's determined the money also will change the lives of lonely senior citizens, abused women and single mothers.

Ryan spends her days meeting with the directors of charities, politicians and clergy to discuss possible projects and driving around town scouting sites for low-cost housing projects. She reads every one of the hundreds of letters she gets each week, and every writer gets a reply.

It was partly because of the letters that Ryan created the foundation. She wants to give directly to individuals on a one-to-one basis, but doesn't want to go broke in the process.

Although Ryan's \$55.2 million jackpot represents the largest individual jackpot in the nation, she does not have that much to spend. Her interest on a 20-year annuity comes to \$2.7 million each year, cut to about \$1.8 million by taxes.

Part of the money is invested, part goes to the foundation and Ryan lives on an allowance.

She will not disclose how much of her winnings go to the foundation, saying only that it is a "substantial amount."

Ryan also is quick to point out that if she sent \$100 to everyone who wrote her, she would have spent the entire \$55.2 million by now.

"Every dollar I spend or give takes money away from my family," she said. "People are looking to me to solve their problems and I can't. They've got to learn to help themselves."

The Ryan Foundation won't pay off credit card bills or mortgages, but it will find a place to live for a young, single mother and teach her job skills.

Ryan feels that the foundation's greatest accomplishment should not be to dole out money, but to get the community involved in giving.

Council provides services for elderly

The South Central Indiana Council for the Aging and Aged, Inc. provides many services to persons 60 years old and older in Clark, Floyd, Harrison and Scott Counties.

The agency's offices are located at 134 E. Main Street in New Albany, but services are provided at many different areas throughout the four-county region.

A brief look at some of the programs offered by the agency:

NUTRITION PROGRAM

The council provides a hot mid-day meal to senior citizens at nutrition sites in

each county and to the homebound. Reservations should be made at least 24 hours ahead by calling the site. For home-delivered meals, call 945-6325. The telephone numbers for the local sites are:

Borden Museum: 967-4139
Charlestown Community Center: 256-3941
Jeffersonville Clark Arms Apartments: 283-8800
Jeffersonville Claysburg II Towers: 283-8976
Clarksville Fairington Apartments: 283-9968
Henryville Presbyterian Church: 294-1080
New Salisbury Ephipany Lutheran Church: 347-3210
Scottsburg Senior House: 752-4134

Austin (Jennings Twp.) Senior Citizens Center: 794-4212
Sellersburg St. Paul's United Church of Christ: 246-9280
Clarksville Yellowwood Terrace: 282-1435
Georgetown Christian Church: 951-3533
New Albany Mark Elrod Towers: 945-8861
New Albany Parkview Towers: 945-9438
New Albany Riverview Towers: 945-8026
Corydon Senior Citizens Center: 738-3065
Elizabeth Nutrition Site: 969-2606

TRANSPORTATION

The Council for the Aging furnishes transportation to nutrition sites, doctors, shopping areas and other locations. Escort and

outreach services are also provided. Reservations should be made at least 48 hours in advance.

Clark/Floyd: 948-9701
Harrison Co.: 738-3065
Scottsburg: 752-4134
Austin: 792-4212

INFO/REFERRAL

The Council links senior citizens with community resources. Information is provided about legal services, Postal Carrier Alert, Adult Protective Services, Blue Cross/Blue Shield Ambassador Program, referrals for housecleaning, minor repairs and a job bank for sitting (minimum wage). A quarterly newsletter is also published.

Clark/Floyd: 948-8330
Harrison Co.: 738-3065
Scott Co.: 752-4134

CRAFTS/GAMES

Centers in each county provide crafts, games and other education programs. Senior citizens may drop in during the hours indicated.

Charlestown Senior Citizens Center, 256-3941 (9-1)
Jeffersonville Clark Arms Apartments, 283-8800 (9-2)
Corydon Senior Citizens Center, 738-3065 (9-2)
New Albany 5th St. Senior Center, 948-9701 (8-4)
Austin (Jennings Twp.) Senior Citizens Center, 794-4212 (9-2)
Scottsburg Senior House, 752-4134 (9-2)
Jeffersonville Ken Ellis Center, 283-7356 (9-3;30)

HEALTH FACILITY SCREENING

Mandated by state law, the health facility pre-admission screening program helps prevent unnecessary placement in nursing homes and other health facilities of individuals whose long-term care needs can best be met by community service in their own homes. Call 948-8330.

COMMUNITY SERVICES EMPLOYMENT

Income-eligible persons 55 and older can be paid while receiving employment training at local community services organizations. Call 948-8330.

ADVOCACY

The Council represents senior citizens through membership in the Clark, Floyd and Scott County Human Services Associations and state and national legislative networks. It also sponsors the Older Hoosier of the Year Award, Senior Queen Award, Legislative Seminar, Older Hoosiers Law Day and Senior Games of Indiana. Call 948-8330.

CASE MANAGEMENT

The Council serves as the

single entry point into a variety of supportive services for frail older persons with multiple needs. The case manager helps identify needs and links persons with community services so they may remain in their homes. Call 948-8330.

HOMEMAKER SERVICES

This program assists the frail elderly person with light housekeeping, essential errands, laundry and home management. Call 948-8330.

ADULT DAY CARE

Providence Retirement Home provides this program for persons 60 and older who should not stay at home alone, but who do not require institutionalization. Social activities and lunch are provided from 8:30 a.m. to 4:30 p.m. Monday through Friday. The Council funds the cost for low-income participants. Call 945-5350.

ACTIVITY VISITORS

Regularly scheduled visits are made to the homes of the homebound elderly. Visitors conduct social and educational activities and help with escort and errand services. Call 948-8330.

HOME REPAIR

Senior citizens may have minor home repairs and heavy cleaning done which are essential to maintaining a home. Call 948-8330.

SAFE OUTREACH

ENERGY ASSISTANCE

Outreach persons visit homes of persons 60 and older, or disabled of any age, to help them apply for heating assistance funds. Call 948-8330.

HEALTH SERVICES

The agency provides monthly blood pressure screenings at nutrition sites and periodic educational programs about other health topics. Call 948-8330.

NURSING HOME

OMBUDSMAN

The ombudsman works confidentially to resolve complaints about nursing home care and resident rights. Call 948-8330.

RESPIRE CARE

Home health care agencies provide trained aides to give temporary relief to primary caregivers by staying with elderly or disabled family members. Call 948-8330.

COURIER JOURNAL June 8, 1989



STAFF PHOTO BY PAUL SCHUHMAN

NO WISH TO FISH: Mary Riggins of New Albany fishes once a year, at best, she said, as she took part in the Senior Games of Indiana. The games run throughout the state through tomorrow.

THE TRIBUNE

NEW ALBANY, INDIANA

17, No. 112

28 PAGES

Wednesday, June 7, 1989

DIAL 944-6481



ONLY AS OLD AS YOU FEEL — Putting their best foot forward today during walking events in the Senior Games are, from left, Gladys Blankenbaker, 79, of Jeffersonville; Frances Patzman, 99½, who is in town from Bismark, N.D., to visit her daughter, Virginia Armes of Floyds Knobs; Gordon Long, 83, of Clarksville; and Fred Owen, 81, of New Albany. As the annual competition

rolled into its third day of activities this morning, hundreds of senior citizens converged on the Indiana University Southeast campus to step out in one- and two-mile walks followed by a picnic lunch and the awarding of prizes. Among those taking part were the above four "youngsters" whose ages total 342½ years.

(Tribune Photo by Don Beck)

13
The Tribune, New Albany, Ind., Wed., June 7, 1989

Navilleton Seniors Participating In Senior Games

The Navilleton Senior Citizens met for lunch and a business meeting May 17. President Dorothea Seng opened the meeting, the treasurer's report was given, and the minutes of the last meeting were read and approved.

The birthday of the month was Dorothy Voll. She gave out T-shirts to those taking part in the Senior Games and announced that two quilt tops, made by some of the seniors, will be donated to the church for the annual picnic.

The same officers were re-elected and yearly dues were collected. Seventeen members attended and stayed afterward to play cards. The next meeting will be June 21.

The Tribune,
New Albany, Ind.,
Thursday, June 8, 1989



FISHING FOR BAIT — Ruby Amburgey, left, helps Dorothy Decker bait her fishing hook with a worm before reeling her line out in the lake at Community Park. Both New Albany women were participating in the Senior Games, being held all this week in Clark and Floyd counties. The games are coordinated by the South Central Council for the Aged and Aging in New Albany. (Tribune Photo by Kathy Dougherty)

The Tribune,
New Albany, Ind.,
Wednesday, June 7, 1989

WELCOME TO OUR FREE HEALTH FAIR

(Age 55 and Over)

June 8, 1989

TRINITY UNITED
METHODIST CHURCH

2796 Charlestown Road
New Albany

8:30 AM - 3:30 PM

Co-sponsored by the Jefferson-
ville and Floyd County Chapters
of AARP, Council on Aging

BLOOD SUGAR
BLOOD PRESSURE
CATARACT
GLAUCOMA
BODY FAT
HEARING TESTS
FOOT EXAM
PULMONARY FUNCTION
SCREENING
MEDICARE, DENTURE &
NUTRITION INFO.
CHOLESTROL \$10.00

Blood Sugar Test: Fast
4 hours before test

Free apple for each participant.
HARSHFIELD BROTHERS PRODUCE CO.

177
The Tribune,
New Albany, Ind.,
Friday, June 9, 1989



HUMOR TUBE — Gladys Blankenkaker laughs as she sits atop the inner tube she used to race with in one of the swimming events of the Senior Games that were held this week. An awards ceremony this morning at the Grand Convention Center on Market Street marked the final day of the games,

which were sponsored by the South Central Indiana Council for the Aging and Aged in New Albany. The swimming was held at New Albany High School's swimming pool.

(Tribune Photo by Kathy Dougherty)

The Tribune,
New Albany, Ind.,
Friday, June 9, 1989



HER FIRST FISH — U.S. Rep. Lee Hamilton (D-9th District) presented a special plaque today at the Senior Games awards ceremony to Frances Patzman, who said she caught the first fish in her 99½ years in the fishing contest at Community Park. (Tribune Photo by Don Beck)



Staff photo by Garry Jones

GLADYS BLANKENBAKER, right, was awarded nine gold medals at yesterday's closing ceremonies for the 1989 Senior Games in New Albany. Presenting her with one of her medals is David Wright of Indiana Blue Cross/Blue Shield.

EN/6/10/89

What did you gain the most out of this year's Senior Games?



Martha Fee, Scottsburg — "I walked the 2-mile walk. I think it's just the feeling that when you achieve something you set out to do you feel good. And, just being around these old people — you have to admire them. I think it's great that we have this. We don't want to be old, but we are."

Mac Pratt, Scottsburg — "My favorite event was the walk. The second was the swimming. Just being with the people, the social part. I've only been in the senior citizens games for two years."

Ethel Walter, New Albany — "I liked the walk. Everybody had a good time on that. What I enjoy the most is seeing the people and just meeting everyone I haven't seen in a long time. I had a lot of friends here I haven't seen in years."

Lee McClaren, New Albany — "I liked it all. I like the party. I participate in almost everything — bridge, bowling, swimming, health fair, all of it. This is my second or third year. I just think it's great that there are senior citizens that are able to do this."

Tony Walter, New Albany — "Swimming is my favorite, Number One, and walking Number Two. I placed Number Five in the 2-mile walk. I think it's great that the Council for the Aging had these things. My parents and most of these people's parents didn't have this. So I think it's a tribute to all of us. This should be a fun-filled week for everyone 55 or over."

David McCoo Jr., New Albany — "I liked the swimming because I've always been a swimmer. I think it's good to be with people your age and enjoy friendly competition — with the emphasis on friendly."

The Sunday Ledger-Tribune,
New Albany, Ind.,
Sunday, June 11, 1989

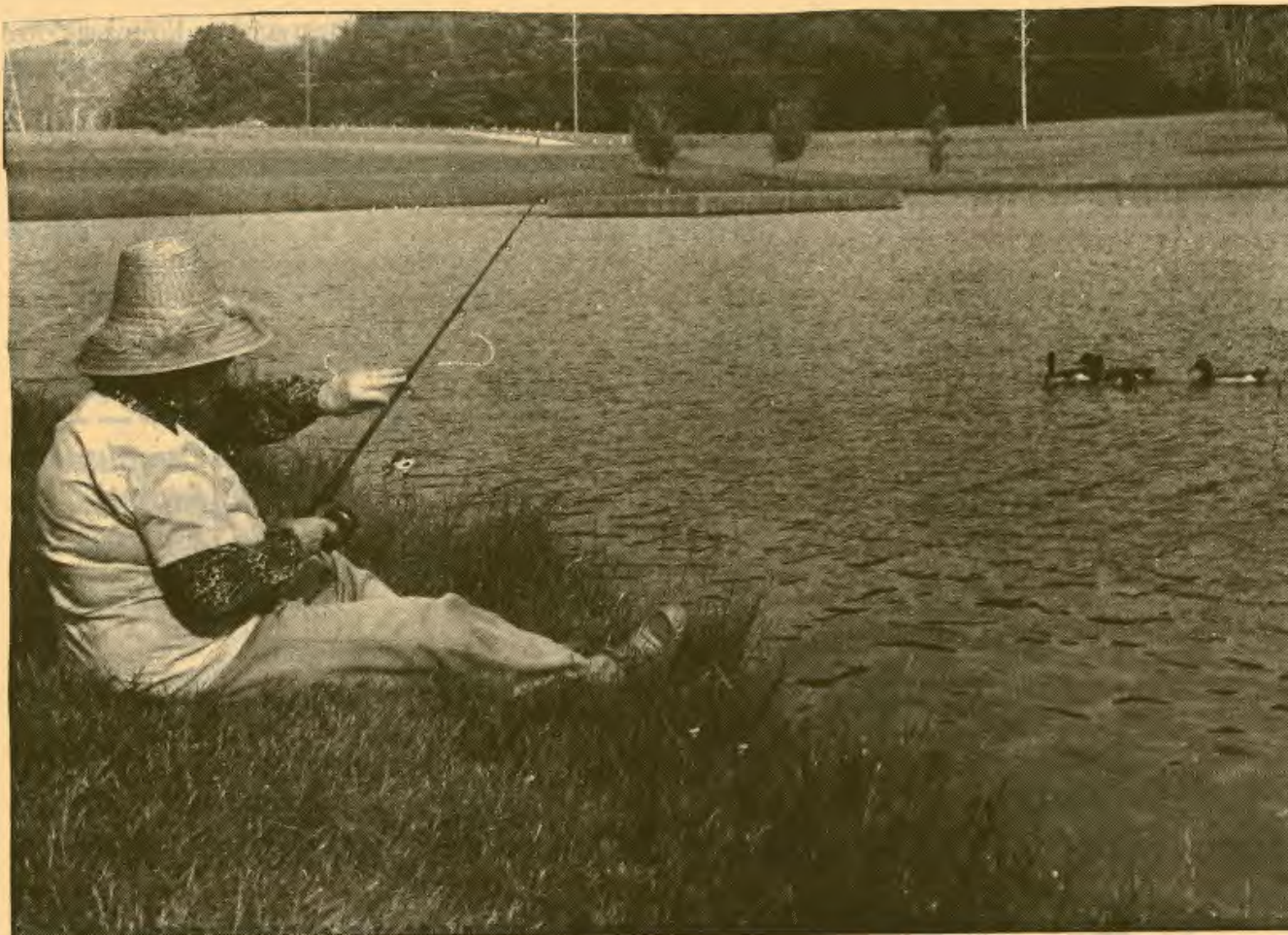
Seniors Game For Fun

The Tribune,
New Albany, Ind.,
Monday, June 12, 1989



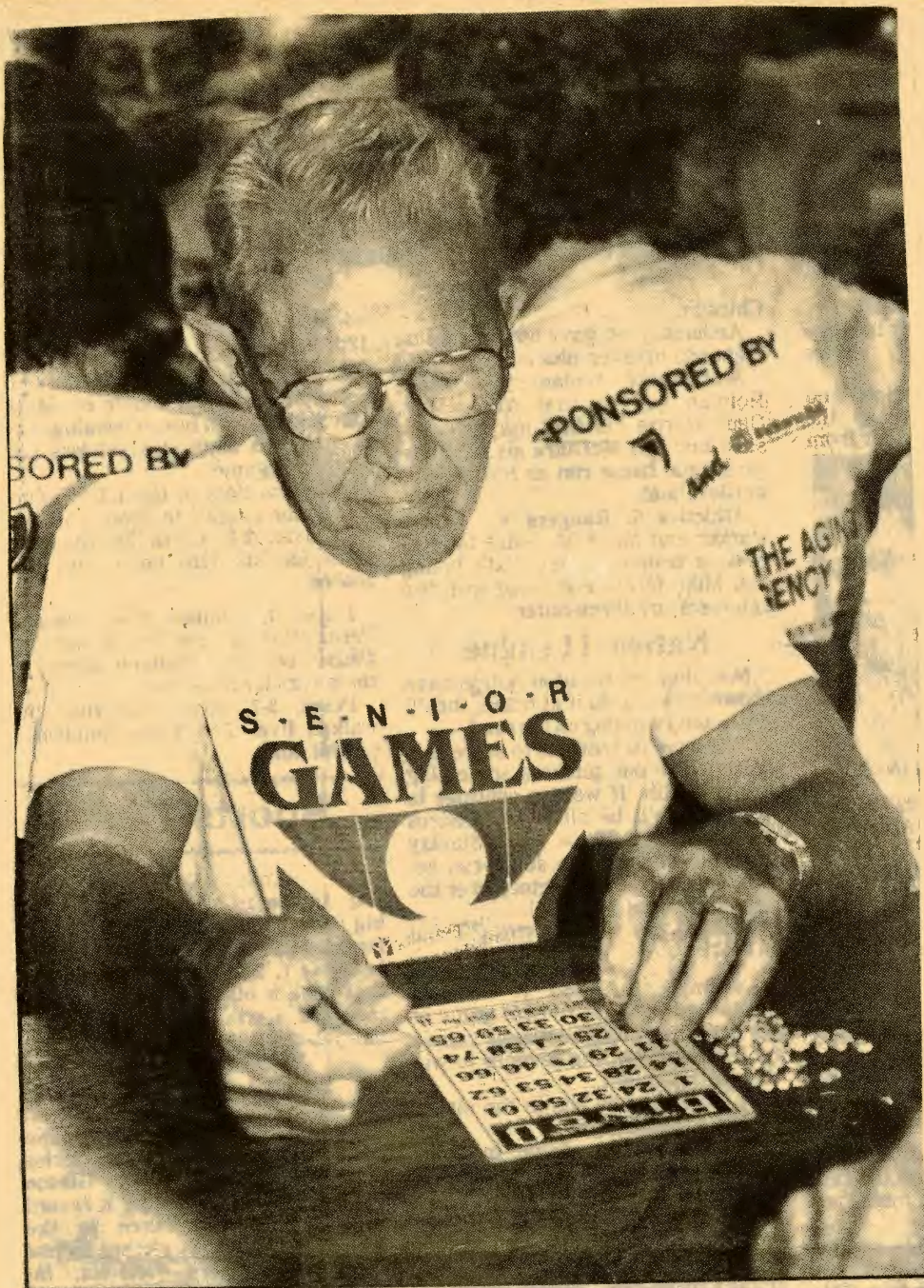
AIRING TENSIONS — Esther Rhoads, of New Albany, seems relaxed as she floats her way to the finish line during the air mattress swimming event at New Al-

bany High School during the Senior Games. Rhoads placed second in the air mattress and inner tube events.
(Tribune Photo by Kathy Dougherty)



GONE FISHIN' — New Albany resident Mary Riggins enjoys her little island spot to fish in the lake at Community Park while a flock of mallards approach her. Par-

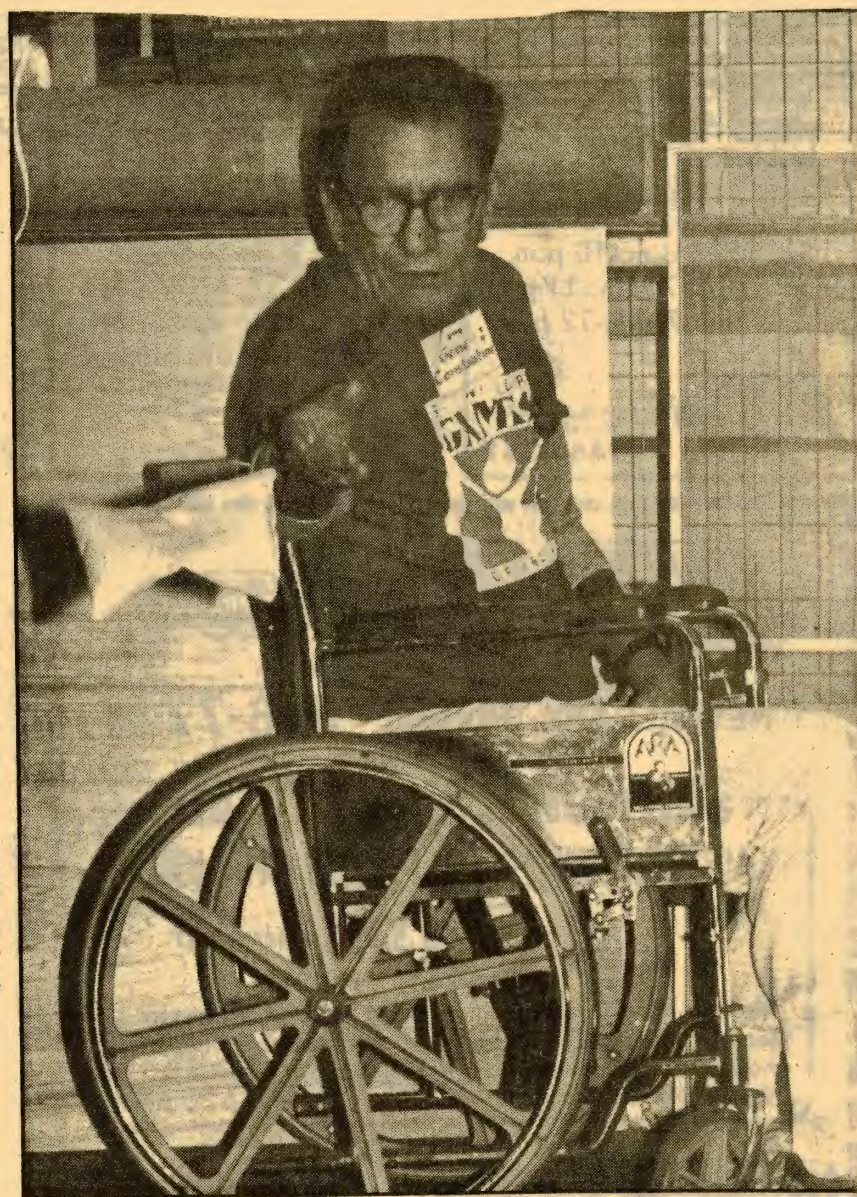
ticipating in the third annual Senior Games, Riggins said she's been involved every year.
(Tribune Photo by Kathy Dougherty)



(Tribune Photo by Don Beck)

NUMBERS GAME — Jack Oberhausen, above, of New Albany concentrates on his bingo card as numbers are called. He was among over 300 senior citizens who played bingo as one of the indoor events of the annual week-long Senior Games.

TOSS 'O' THE BAG — Gene Constatine, a resident at Willow Brook Manor Nursing Home in Clarksville, tosses a bean bag at a target on the floor of Providence Retirement Home during the Senior Games.



(Tribune Photo by Kathy Dougherty)



GOOD LUCK SHOES — Inez Bright of Jeffersonville throws one of her two horseshoes, while Polly Neimeier marks her scores during a Senior Games competition at Community Park.
(Tribune Photo by Kathy Dougherty)

THURSDAY, JUNE 15, 1989



Staff photo by Eugene Embry

EVENING NEWS Advertising Manager Marc Leuthart, left, receives a plaque from South Central Indiana Council for the Aged and Aging, Inc. Executive Director Pat Jewell. The Evening News is working closely with the council in developing the Golden Opportunities monthly supplement, which is a section devoted exclusively to area senior citizens.

20

Appreciates Coverage Of Games

Dear Editor,

I would like to express my appreciation and the appreciation of Blue Cross and Blue Shield of Indiana for the Tribune's support of the 1989 Senior Games. Your coverage is most beneficial in conveying a very positive image of older people to your readers.

The activities surrounding the Senior Games as well as the games themselves would not have experienced the great support within your community without the excellent coverage provided by the Tribune. Thanks to you and your crew for a job very well done.

David J. Wright,
65 Club,
Blue Cross-Blue Shield of Indiana

NEW ALBANY TRIBUNE July 7, 1989

Council for Aging & Aged;

Wouldn't it be just great if my words could in some way tell all of you right from my heart just how wonderful you are?

Fran & Lina Came yesterday & made miracles happen here in my Castle. Defrosted, dusted, wet moped cleaned the bath & shower stall even took the bedspread & washed it like a pro! Here - Wonderful!

Chickie, took away in glad memories is my fishing trip you

With sincere thanks

and appreciation

Made possible, all the ones who took me up & down the hill & the fine food from La John & Mary. Theresa, you are always there for me - How I love you all, Rebecca

6-7-89

Dearest Thelma:

How great these Creatures
Called people are from the Very
Thoughts of God!

Yesterday was so beautiful,
even the weather and the lake
but all of you who took so
much time and love to help
an old old one who was not
even adept at fishing, so Cared
for is beyond my expression!

Through the years you
have known something of the
love we have ever shared,
what a DAY!

Love to you all

Rebecca

Thank You



6-7-89

Dearest Thelma:

How great these creatures
called people are from the very
thoughts of God!

yesterday
even the weather
but all of you

Much time and

an old old one

even adept at

for is beyond

Thelma

have to

love with

to

just wanted to thank everyone
for a wonderful, fun-filled
week at the Senior Games.

Thank all, for all the hard
work that went into it, their
kindness, & most of all -
their patience with me.

It was great. Many thanks

Charlotte Egan

Hoping this will show you
how much your thoughtfulness
was appreciated.

June 9, 1989

To all of you!

Thank you for a wonderful
week. all of you worked hard
and long to give all of us a
great week. We loved it!

We hope next year the
card games won't have to be
scheduled during breaking hours.
We like both.

Sincerely,

Ruth & Emmett Spieth

22

June 12, 1989

Doyle Owens
Mgr.-Comm. Dev. & Affairs

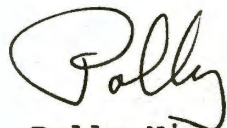
I am proud of Indiana Bell's support of the Senior Games throughout the State. But I am especially pleased with the increased financial backing IBT has given in 1989 to the New Albany area games.

In a local Community Affairs meeting Jerry Zebendon asked for volunteers to assist in the local games. I'm glad I volunteered. This was my first experience with the games and I was very impressed with the professionalism and organization of the five days of events. The participants had fun, enthusiasm, healthy competitive spirit, deep appreciation, and they loved the companionship.

The numbers involved in each event ranged from the 70's into the hundreds. I worked during the fishing tournament and the horseshoe pitching. A 99 year old lady caught her very first fish; the next day she completed the 2 mile walk. I kept score on one of the 6 courts of the horseshoe competition but I got the lesson in how to have fun.

There are now so few IBT employees in the New Albany area that we need to do everything we can to keep a high profile in the community. All workers and participants were given bright yellow T shirts which had the major supporters logo's on the back. Indiana Bell's logo was a "standout". IBT was also recognized for their support at the Closing Ceremonies. I will be talking in the next Community Affairs meeting to suggest more local managers assist next year. I have already discussed with the President of the Pioneers that this would be a wonderful activity for Pioneers as participants as well as workers.

The money and time we invested in the 1989 games were well spent and I urge you to continue the financial backing in years to come. If you would like any additional information, please call me on 812-948-7183.



Polly Niemeier
Supvr.-Eng'rg

cc: Paul Petrotta
Jerry Zebendon
Jack Vanderbur
Judy Faulkenburg

LEE H. HAMILTON
9TH DISTRICT, INDIANA

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AND TECHNOLOGY

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DISTRICT OFFICES:
107 FEDERAL CENTER
BUILDING 66
1201 EAST 10TH STREET
JEFFERSONVILLE, IN 47130
TELEPHONE: (812) 288-3999

CALL TOLL FREE
(800) 892-3232

June 21, 1989

Ms. Patricia Jewell
Executive Director
Ms. Thelma Bertrand
Senior Games Coordinator
South Central Indiana Council
for the Aging and Aged, Inc.
134 E. Main Street
New Albany, Indiana 47150

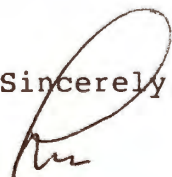
Dear Pat and Thelma:

Many thanks for your nice letter. It was good to receive it and to hear from you. I was delighted to have the opportunity to attend once again the closing ceremonies of the Senior Games. You do a superb job and it's always a pleasure to see older Hoosiers having a good time.

Many thanks for the yellow tee shirt. As a frequently exerciser, I consume tee shirts rapidly. I will wear with pride the Senior Games of Indiana tee shirt.

With warm regards, I am

Sincerely,



LEE H. HAMILTON, M.C.

LHH/nvc



S . E . N . I . O . R
GAMES



O F I N D I A N A

Sponsored by:

Blue Cross and
Blue Shield
of Indiana

AND

South Central Indiana
Council for the Aging and Aged,
Inc. Area 14 Agency
Indiana Bell
John-Kenyon Eye Center
Bradley C. Black, MD and Julie S. Lee, MD
Norton Senior Connection

THIS IS TO CERTIFY THAT

participation contributed to the success of

THE SENIOR GAMES OF INDIANA

_____, 1989

Executive Director of Area Agency on Aging

David Wright

David Wright
Director Community Relations

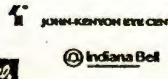


AREA 14

NAME _____

PHYSICIAN & PHONE # _____

EMERGENCY CONTACT & PHONE # _____



© Indiana Bell

1989 Senior Games medalists

Gold Medals

Mens' one-mile walk	65-74...Mildred Freiberger
55-64 William Martin	75+ Ada Daniels
65-74 Fred Enteman	Mens' regular bowling
75+ Bill Aldrich	55-64 Charles Schaefer
Womens' one-mile walk	65-74 Nelson Owen
55-64 Jean Martin	75+ Emmett Spieth
65-74 Virginia Bell	Womens' regular bowling
75+ Maxine Lee	55-64 Maxine Carr
Mens' two-mile walk	65-74 Eleanor Blevel
55-64 William Martin	75+ Grace Naville
65-74 Raman Rushen	Mens' side-stroke
75+ Bill Aldrich	55-64 Tony Walter
Womens' two-mile walk	65-74 David McCooe Jr.
55-64 Jean Martin	75+ Jack Brogan
65-74 Dottie Waiz	Womens' side-stroke
75+...Gladys Blankenbaker	55-64 Marty Landolt
Mens' golf	65-74 Evelyn Kirk
55-64 Charles Hill	75+...Gladys Blankenbaker
65-74 Frank Amburgey	Mens' breast stroke
75+ Larry Wittlig	55-64 Ed Bachman
Womens' golf	65-74 David McCooe Jr.
55-64 Daisy Reynolds	75+ Jack Brogan
65-74 Evelyn Kirk	Womens' breast stroke
75+...Gladys Blankenbaker	55-64 Marty Landolt
Mens' horseshoes	65-74 Evelyn Kirk
55-64 Al Neumeister	75+...Gladys Blankenbaker
65-74...Maurice Spainhour	Mens' backstroke
75+ Paul Freiberger	55-64 Ed Bachman
Womens' horseshoes	65-74 David McCooe Jr.
55-64 Julia Dearing	75+ Jack Brogan
65-74 Jessie Bennett	Womens' backstroke
75+...Gladys Blankenbaker	55-64 Marty Landolt
Mens' non-reg. bowling	65-74 Evelyn Kirk
55-64 Clemence Kochert	75+...Gladys Blankenbaker
65-74 Del Bishop	Mens's freestyle
75+ Earl Station	55-64 Tony Walter
Womens' non-reg. bowling	65-74 David McCooe
55-64 Jean Kochert	75+ Jack Brogan

Bronze Medals

Mens' one-mile walk	55-64 Ruby Amburgey
55-64 ... Floyd Kallembach	65-74 Ruth Davis
65-74 Ralph Dodge	75+ Pearl Torstruck
75+ Charles Bell	Mens' regular bowling
Womens' one-mile walk	55-64 Robert Nagel
55-64 Ruth Harbeson	65-74 Ray Ellenbrand
65-74 Marcella Downs	75+ ... Stanford Aebersold
75+ Lucille Benbrook	Womens' regular bowling
Mens' two-mile walk	55-64 Mary Dodge
55-64 ... Floyd Kallembach	65-74...Maxine Oberhausen
65-74 Charles Mitchell	75+ none
75+ Gilbert Warner	Mens' side-stroke
Womens' two-mile walk	55-64 none
55-64 Angela Geswein	65-74 none
65-74 Virginia Bell	75+ none
75+ Cora Smith	Womens' side-stroke
Mens' golf	55-64 none
55-64 Ed Bachman	65-74 ... Lucille Neuhauser
65-74 Geroge Walter	75+ none
75+ Emmett Spieth	Mens' breast stroke
Womens' golf	55-64 none
55-64 none	65-74 none
65-74 none	75+ none
75+ none	Womens' breast stroke
Mens' horseshoes	55-64 none
55-64 Charles Hill	65-74 none
65-74 Gerald Bennett	75+ none
75+ none	Mens' backstroke
Womens' horseshoes	55-64 none
55-64 Lucille Smith	65-74 none
65-74 Blanch Wells	75+ none
75+ Louise Morton	Womens' backstroke
Mens' non-regular bowling	55-64 none
55-64 Ed Bachman	65-74 none
65-74 David McCooe Jr.	75+ none
75+ Louis Book	Mens's freestyle
Womens' non-reg. bowling	55-64 none

Womens' freestyle

55-64 Marty Landolt
65-74 Evelyn Kirk
75+...Gladys Blankenbaker
Mens' innertube
55-64 Tony Walter
65-74 David McCooe
75+ none
Womens' innertube
55-64 Marilyn Day
65-74 Evelyn Kirk
75+...Gladys Blankenbaker
Mens' air mattress
55-64 Tony Walter
65-74 David McCooe
75+ none
Womens' air mattress
55-64 Marilyn Day
65-74 Evelyn Kirk
75+...Gladys Blankenbaker
Womens' air mattress
55-64 none
65-74 Esther Rhoads
75+ none
Bridge tournament
Lucille Peary
Pinochle tournament
Charles Mitchell
Euchre tournament
Bertha Johnson
Checkers tournament
Ralph Rutherford
Fishing — largest fish
Mellie Sellmer
Fishing — longest fish
Mellie Sellmer
Fishing — most fish caught
Mellie Sellmer

Silver Medals

Mens' one-mile walk	Mens's freestyle
55-64 Robert Nagel	55-64 Ed Bachman
65-74 Harry Schuez	65-74...Maurice Spainhour
75+ Ralph Ledford	75+ none
Womens' one-mile walk	Womens' freestyle
55-64 ... Margaret Buehler	55-64 none
65-74 Dotty Waiz	65-74 Esther Rhoads
75+ Viola Englemann	75+ none
Mens' two-mile walk	Mens' innertube
55-64 Warren Brunson	55-64 Ed Bachman
65-74 Fred Enteman	65-74 none
75+ Gordon Lang	75+ none
Womens' two-mile walk	Womens' innertube
55-64 ... Margaret Buehler	55-64 none
65-74 Barbara Gillim	65-74 Esther Rhoads
75+ Bertha Johnson	75+ none
Mens' golf	Mens' air mattress
55-64 Al Neumeister	55-64 Ed Bachman
65-74 Paul Austin	65-74...Maurice Spainhour
75+ Leonard Bir	75+ none
Womens' golf	Womens' air mattress
55-64 Sandy Holiday	55-64 none
65-74 none	65-74 Esther Rhoads
75+ none	75+ none
Mens' horseshoes	Bridge tournament
55-64 Robert Nagel	Evelyn Wilson
65-74 Paul Austin	Pinochle tournament
75+ none	Margaret Tellis
Womens' horseshoes	Euchre tournament
55-64 Lora Johnson	Oliver Atkins
65-74 Eleanor Grose	Checkers tournament
75+ Lucille Benbrook	Frances Lee
Mens' non-regular bowling	Fishing — largest fish
55-64 William Martin	Goldie Knight
65-74 Robert Bailly	Fishing — longest fish
75+ Paul Freiberger	Edith Fenwick
Womens' non-reg. bowling	Fishing — most fish caught
55-64 Margie Maple	Edith Fenwick
65-74 Delores Sanders	
75+ Millie Sellmer	

Mens' regular bowling
55-64 Kyle Keck
65-74 Paul Bertrand
75+ Harry Beutel

Womens' regular bowling
55-64 Roma Wolfe
65-74 Evelyn Sheets
75+ Mildred Schaefer

Mens' side-stroke
55-64 Ed Bachman
65-74...Maurice Spainhour
75+ none

Womens' side-stroke
55-64 Marilyn Day
65-74 Ester Rhoads
75+ none

Mens' breast stroke
55-64 none
65-74...Maurice Spainhour
75+ none

Womens' breast stroke
55-64 none
65-74 none
75+ none

Mens' backstroke
55-64 Tony Walter
65-74...Maurice Spainhour
75+ none

Womens' backstroke
55-64 none
65-74 ... Lucille Neuhauser
75+ none

Fishing — most fish caught
Dave McCooe

26

She's Made Senior Care Her Life

By KATHY DOUGHERTY

When Thelma Bertrand speaks of the new event "Frisbee Golf" for this year's Senior Games, to be held all next week, she shows excitement that the number of participants has grown from 12 to 106.

Bertrand coordinated the third annual Senior Games this year for the South Central Indiana Council For the Aged and Aging, as well as founded the first one when it began. This is Bertrand's 16th year with the council, and she was recently presented with the state's Jesse Dickinson Award for Advocacy from the Indiana Federation of Older Hoosiers. Bertrand said she had met Dickinson years ago, and that he'd spent his life serving others. "He was always for the underprivileged," she commented.

Working with senior citizens has been something Bertrand has felt a need for in this country. Growing up in Greenville, Bertrand's family operated a general store, where some of the elderly used to come in to sit and talk for awhile. "I became attached to people old enough to be my grandparents," she said.

Bertrand began as director of the Council For the Aging at a small office at the Parks and Recreation center on Ekin Avenue, in an office so small that if she or her secretary needed to open a file drawer, one of them had to step outside. She served as executive director for 10 years, and current executive director Pat Jewell credits her with initiating the office's growth.

"She had little to work with in terms of money or staff, and over an 11-year period she managed to build a strong organization and a comprehensive network of services for older people," commented Jewell.



TIRELESS ENERGY — Pat Jewell, executive director of the South Central Indiana Council for the Aging, at left, watches as Thelma Bertrand accepts the state's Jesse Dickinson trophy from

Michael Hetzel, president of the local council's board of directors. Bertrand was honored for her work in providing programs to the elderly in four counties. (Tribune Photo by Kathy Dougherty)

The Council began organizing nutrition program sites for the elderly before former President Richard Nixon signed a bill into law that provided federal funds for such programs, according to Bertrand. She then was told of federal funds available, so she applied for a \$50,000 grant to start a transportation program for those unable to come to the nutrition sites themselves.

The agency grew, and now provides comprehensive health, nutrition and financial programs for the elderly in four southern Indiana counties. "It was really great wat-

ching it," said Bertrand.

Jewell credited Bertrand's positive attitude as an inspiration to others in the community. "Thelma is one of the most energetic persons that I know and she focuses a great deal of that energy to community services and helping others. She's one of those people, that when you meet her she immediately puts you at ease," Jewell commented. "Because of her enthusiasm, people respond."

As a member of the American Association of Retired Persons (AARP) on both the state and local levels, Bertrand said she has been

striving to get legislation passed to bring such benefits as the Choice program, which would fulfill the elderly's needs in their own homes, rather than having them institutionalized. She also has tried to help in the fight against elderly abuse, which she said is prevalent locally, as well as nationally.

Her goals now are to try to expand the number of events offered at the Senior Games, which boasted the most participants (300) out of any organization in Indiana. "I think that speaks so well of southern In-

(See 'She's Made,' page 3)

She's Made Senior Care

(Continued from front page)

diana," commented Bertrand. She also said she hopes to establish a "more sophisticated" wellness program for the elderly in this area.

While she said she's always been career-oriented, her primary love is her husband, Paul, her two daughters, Susan a doctor in Montana, and Carol, a teacher in Beach Grove, Ind. She also enjoys time with her three grandchildren, and plans to travel with her family after the Senior Games is completed next week. Bertrand said retiring as executive director of the Council and working part-time there, leaves her many "choices" to spend her time working with others.

Bertrand said her healthiness stems from her positive outlook on life. "I'm seldom depressed. If I go to bed with a problem and I'm unhappy, I always wake up with a different outlook," she said.

Next week's Senior Games will begin Monday with a fun walk of all

participants following Maurice John, M.D., director of the John-Kenyon Eye Center, carrying an Olympic-sized torch down Spring Street in Jeffersonville. The walk begins at 9:15 a.m. at Spring and Maple streets in Jeffersonville.

NEW ALBANY TRIBUNE July 9, 1989

Competitors Prove They're The Hottest Thing On Wheels

By CYNTHIA SCHULTZ

Leaning slightly forward in his wheelchair, an elderly man focused his attention on a peg board in the middle of the floor. Narrowing his eyes, he tossed a ring and watched it land on the number 50. A cheer rang up from the crowd.

Several feet away, white-haired Chester Perry, 84, of the New Albany Nursing Home, was just finishing his competition period. Sitting in his wheelchair, he smiled broadly and clutched a gold medal that hung from a ribbon around his neck.

The activity was the Senior Games for nursing home residents held recently at the Providence Retirement Home in New Albany. About 60 people aged 55-90 gathered from 10 nursing homes in Clark, Floyd, Harrison and Scott counties. Competition was divided into age groups.

They weren't able to join fellow competitors who had been vying during the week in such events as swimming, bowling, fishing and walking. But it was obvious they were having just as much fun playing ring toss, ball in the basket and bean bag toss. Their competitive spirit wasn't affected in the least by age or physical disabilities.

"They're more so (competitive) at this age because they have to work harder," said Janie Alexander, activity director at Green Valley Convalescent Center in New Albany, who was on hand to help out.

George Lenz, 87, of Lincoln Hills of New Albany, was an example. He had just won a gold medal in the ball in the basket contest in his age group and wasn't shy about divulging his competitive streak. "I WANT to win!" he shouted. "I feel 50 when I do this."

Sister Maria Smith, Sisters of Providence, activity director at Providence and coordinator of the event, said the retirement facility was a perfect place to host the games because of its spaciousness. Providence has been active in the Senior Games since their inception three years ago.

"We do it because we support the concept. We like to support any program they offer for the senior citizens, Sister Maria said.

Her rewards are the people themselves.

"I like to see their faces; hear the little things they say," said Sister Maria, noting the importance of residents having a change of scenery.

"Some of them go in these places and never come out."

Mrs. Alexander smiled as she watched the people mingling. She said many of them knew each other after having lived at different facilities. She described the games as a "kind of family reunion."

Ralph Gruner, 78, of Maple Manor Christian home in Sellersburg, won a gold medal in the bean bag toss, but according to him it was "no big deal." He was happier for fellow resident, Sylvia Schardein, 67, who bagged a silver medal for the first time in the same event. Gruner enjoyed the Senior Games but would like to see different kinds of games added in future contests.

"I'd like to see a Checkers game," said Gruner, who added that residents at Maple Manor sharpen their wits daily in games like Racko and Uno.

Marvin Woolfork, 51, of Willow Brook Manor in Clarksville, had been practicing for a week perfecting his technique of sliding a bean bag across a floor into a center square. It paid off. Woolfork earned a gold medal, though he didn't find the category challenging. "It wasn't hard enough," he said.

Charlie Wenzler, 68, of Green Valley, zipped around the retirement home in his wheelchair, obviously pumped up after racking up 460 points and a first place spot in the ring toss. But others wondered if Wenzler was still on a high after winning a wheelchair race Derby Week at Green Valley. He won the event despite the fact that a woman was positioned on the back to serve as a handicap.

"I'm too good," Wenzler said with a cocky grin.

But not everyone carted home medals. Mary Jordan, 60, of Green Valley, clearly showed her disappointment over her low score in the bean bag toss. "I only got 80 points," she said with a shrug of her shoulders.

Ms. Jordan may not have felt like a winner, but coordinators of the Senior Games thought she and all of its participants were. Each person

(See 'Senior Games,' page 2)

Competitors Hottest Thing On Wheels

(Continued from front page)

received a T-shirt with "Senior Games" lettered across the front, a certificate and a free lunch.

The Senior Games are held throughout the state of Indiana from late spring to early fall. But Area 14, which includes Clark, Floyd, Harrison and Scott counties, could be making history as a pioneer in the event.

"We may be one of the first to include nursing home games," said Pat Jewell, executive director of the South Central Indiana Council for the Aging and Aged. Nursing home participation has increased from two in the beginning to 10 this year.

When and why was Senior Games organized?

"Senior Games originated three years ago," Mrs. Jewell said. "It was a joint effort of area agencies on aging and Blue Cross & Blue Shield of Indiana to promote wellness and exercise among seniors."

Mrs. Jewell praised the sponsors and the community for the success of the games.

"The sponsors enable us to conduct Senior Games because we cannot use the federal and state funding that we get for older people. Sponsors donate money, supplies, meals and volunteer time. And the community support that we received was mind-boggling," Mrs. Jewell added.

Terry Kintner, activity director at Rolling Hills Health Care Center in New Albany, surveyed the chatter in Jansen Hall while Senior Games participants nibbled on lunch. She talked about a misconception the public may have about nursing homes and the people who occupy them.

"People think people in nursing homes are there to die. I don't see death," Mrs. Kintner said. "They have so much to offer... most have college degrees."

Gladys Smith, 90, a resident of Rolling Hills, chatted with two people at her table she had just met.

"She's just the sweetest thing," Ms. Smith said, shooting Mrs. Kintner an admiring glance. Then she turned to the others and boasted of her accomplishments in past Senior Games.

"I've got medals hanging all over my walls," she said.

Ms. Smith is grateful for the Senior Games.

"The games give me pep," she said. "They make me forget that I'm about done for. The 21st, I'll be 91 years old," she repeated a couple of times in a soft voice.

As the Senior Games came to a close, an ambulance pulled up and loaded several people inside. They looked exhausted, but as the back doors were slowly closed, they were smiling a very special smile.

over



SCHEDULE

MONDAY JUNE 5, 1989

- 8:30 AM Fun walkers to meet at the
Coots Parking Lot
Spring and Maple Streets
Jeffersonville, In.
- 9:15 AM Fun Walk down Spring Street
Jeffersonville, In.
- 10:00 AM Release 1,000 balloons
Preservation Station
West Market Street
Jeffersonville, In.
- 11:00 AM Frisbie Contest
Clark Arms Park
Jeffersonville, In.
- 12:00 Noon Free lunch for Fun Walkers
- 1:00 PM Bingo
2:30 PM
Clark Arms Park
Jeffersonville, In.

TUESDAY JUNE 6, 1989

8:00 AM GOLF

Twilight Golf Course
5316 Highway 62
Jeffersonville, In.

MEN

ages 55 - 64
ages 65 - 74
ages 75 & up

WOMEN

ages 55 - 64
ages 65 - 74
ages 75 & up

8:00 AM FISHING
12:00 Noon

Community Park
Grant Line Road
New Albany, In.

(Everyone to furnish his/her own pole & bait)

Medals for: Longest fish, Largest fish (by weight)
and the most fish

12:00 Noon FREE LUNCH FOR THE FISHERMEN/WOMEN

1:00 PM HORSESHOES

Community Park
Grant Line Road
New Albany, In.

MEN

ages 55 - 64
ages 65 - 74
ages 75 & up

WOMEN

ages 55 - 64
ages 65 - 74
ages 75 & up



SCHEDULE



THURSDAY JUNE 8, 1989

Health Fair

8:30 AM Trinity United Methodist Church
3:30 PM 2796 Charlestown Road
New Albany, In.

Jeffersonville and Floyd County
Chapter of the American Association
of Retired Persons (AARP) co-chairmen

FREE Testing
Cataracts, Glaucoma, Body Fat, Blood
Pressure, Blood Sugar, Hearing, Foot
Examination, Pulmonary function screening,
Dental care, and Literature

Cholesterol Tests
\$10.00

Swimming

1:00 PM New Albany High School
3:00 PM 1020 Vincennes Street
New Albany, In.

(High school entrance is at the far right
of Beeler street - when facing from Vincennes
Street)

Back Stroke
Side Stroke
Breast Stroke
Free Style
Innertube Race
Air Mattress Race

Men

ages 55 - 64
ages 65 - 74
ages 75 & up

WOMEN

ages 55 - 64
ages 65 - 74
ages 75 - up

Free snack

GAMES FOR NURSING HOME RESIDENTS

10:00 AM Providence Retirement Home
1:00 PM 701 East Spring Street
New Albany, In.

Free lunch provided

WEDNESDAY JUNE 7, 1989

8:00 AM ONE MILE WALK and TWO MILE WALK
10:00 AM

Indiana University Southeast Campus
4201 Grant Line Road
New Albany, In.

One mile and two mile walkers will compete as follows:

MEN

ages 55 - 64
ages 65 - 74
ages 75 & up

WOMEN

ages 55 - 64
ages 65 - 74
ages 75 & up

10:00 AM Fun Games (with prizes)
1:00 PM and
Free picnic lunch for one and/or two mile "walkers"

1:00 PM Euchre Light refreshments
Bridge
Pinochle
Checkers

Hoosier Room,
Indiana University Southeast
4201 Grant Line Road
New Albany, In.

1:15 PM BOWLING Free snack
4:00 PM

Blackiston Bowl
1516 Blackiston Mill Road
Jeffersonville, In.

MEN

ages 55 - 64
ages 65 - 74
ages 75 & up

WOMEN

ages 55 - 64
ages 65 - 74
ages 75 & up

In addition to Medals

Trophies - Regular Bowler
Non - regular bowler

(Blackiston Bowl can accomodate 180 bowlers, five to a lane)

FRIDAY JUNE 9, 1989

CLOSING CEREMONIES

Grand Convention Center
138 East Market Street
New Albany, In.

9:30 AM Doors open
11 Booths

10:15 AM "The Bavarians" (delightful entertaining German Band)

11:15 AM Introductions

11:45 AM FREE LUNCH

12:45 PM Door Prizes
1:30 PM Award of Medals
Award of Plaques

RAIN DAYS:.....

In the event of rain ----

June 5. No fun walk. Opening ceremonies, lunch and
bingo will be held at Ken Ellis.

June 6. Golf will be held June 8 at the Twilight Golf
Course - same time.

June 6. Fishing and Horseshoes will be held June 8 at
the Community Park.

June 7. There will be no one and two mile walks, picnic
or fun games.
Card Games and bowling will still remain as scheduled.

• FUN WALK DOWN SPRING STREET,
• JEFFERSONVILLE - JUNE 5, 1989



31

OPENING CEREMONIES
JUNE 5, 1989
Pat fires the gun
"Let the games begin"
We didn't let the rain stop us!



BINGO JUNE 5, 1989



CARD GAMES & CHECKERS JUNE 7
INDIANA UNIVERSITY SOUTHEAST



GOLF - MORNING OF JUNE 6



FISHING - MORNING OF JUNE 6



LUNCH - FOLLOWING FISHING, JUNE 6



HORSESHOES - AFTERNOON OF JUNE 6





BOWLING - AFTERNOON, JUNE 7



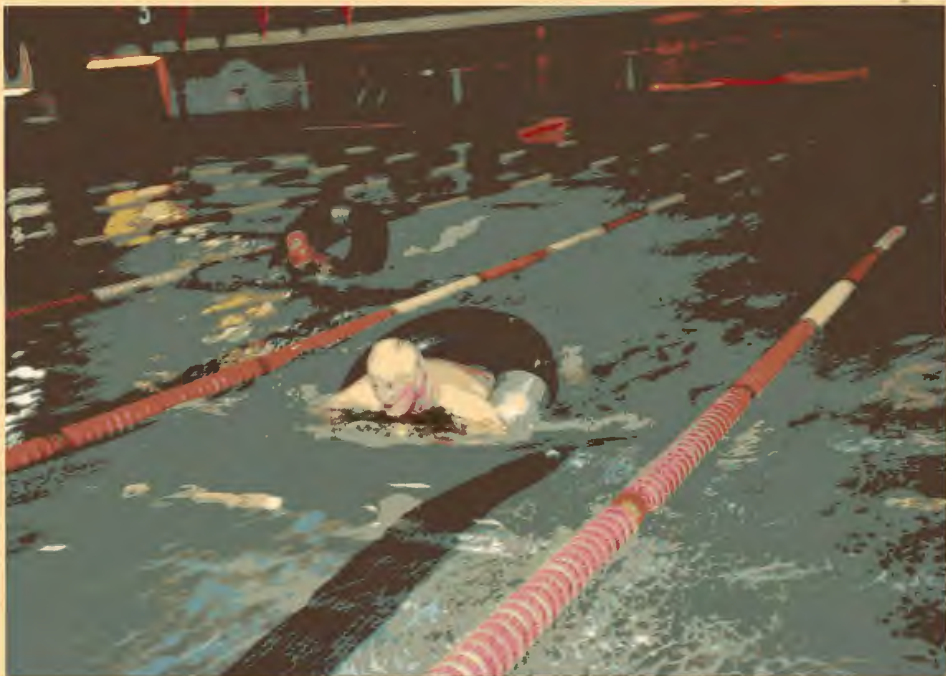


ONE & TWO MILE WALKS,
MORNING OF JUNE 7





SWIMMING - JUNE 8



50

THE HEALTH FAIR WAS CO-SPONSORED
BY

FLOYD COUNTY CHAPTER AARP
JEFFERSONVILLE CHAPTER AARP
COUNCIL ON AGING



HEALTH FAIR JUNE 8





HEALTH FAIR

JUNE 8, 1989
8:30 AM - 3:30 PM

TRINITY UNITED METHODIST CHURCH
2796 Charlestown Road
New Albany, Indiana

Co-sponsored by the Jeffersonville
and Floyd County Chapters of AARP



John-Kenyon Eye Center	Cataract/glaucoma
Floyd Memorial Hospital	Cholesterol test - \$10.00
Miracle Ear	Types of Hearing Aids
Bradley C. Black MD and Julie S. Lee, MD	Cataract/glaucoma
Floyd County Extension Office	Literature
David H. Bolonkin, DPM	Foot exam
American Heart Association	Literature
Ronald Leo Receveur, DDS	Dental care
Clark County Memorial Hospital	Pulmonary function screening
Akin Medical Center	Hearing tests
YMCA, Jeffersonville	Body fat test
American Eye Institute	Cataract/glaucoma
Visiting Nurse Association of Southeastern Indiana	Blood pressure
Consumer Pharmacy	Blood sugar
Norton Senior Connection	Senior Connection Program
Lifespring Mental Health Services	Literature
Social Security Administration	Medicare information
AARP - Jeffersonville	Host & membership
AARP - New Albany	Host & membership
South Central Indiana Council for the Aging & Aged, Inc.	Literature

Blood pressure, blood sugar, cataract, glaucoma, body fat, hearing tests, foot exam, pulmonary function screening, medicare, denture and nutrition information offered FREE OF CHARGE.

Cholesterol tests - \$10.00

Everyone age 50 and over is invited to participate in the HEALTH FAIR.



HEALTH FAIR 1989





1989 CLOSING CEREMONIES

SPONSORED BY



South Central Indiana



Council for the Aging & Aged, Inc.
Area 14 Agency

★ SILVER STAR CONTRIBUTORS

Citizens Fidelity Bank & Trust Company, Indiana

Kraft Funeral Service

Floyd Memorial Hospital

The Hartfield Company

Clark County Memorial Hospital

Miracle Ear

DOOR PRIZES & DONATIONS

MIRACLE EAR
KRAFT FUNERAL SERVICE
NORTON SENIOR CONNECTION
THE HARTFIELD COMPANY
VISITING NURSES ASSOCIATION
OF SOUTHEASTERN INDIANA
CIRCUIT CITY
KENNY'S KURLS WITH KLASS
WENDY'S
HARDEES, GRANT LINE ROAD
FIRST FEDERAL SAVINGS & LOAN
ASSOCIATION OF CLARK COUNTY
DRUTHERS
HARSHFIELD BROTHERS PRODUCE CO.
KENTUCKY FRIED CHICKEN
(CHARLESTOWN ROAD)
CLARKS MICROWAVE
MARGARET LAND
CAROLYN EVE
VICKIE MEDLOCK
KENTUCKIANA FOOD SERVICES
YESTERDAY HOUSE
CITIZENS FIDELITY BANK
& TRUST COMPANY
ARVEL JOHNSON
BLUE BOAR OF CLARKSVILLE
DENNY'S - CLARKSVILLE
HARDEES - STATE STREET

LITTLE CAESARS PIZZA
BLACKISTON BOWL
PROVIDENCE RETIREMENT HOME
TWILIGHT GOLF COURSE
STAR CLEANERS
JIM BARBER, JEFF ELKS GOLF PRO
PONDEROSA - CLARKSVILLE
PONDEROSA - CORYDON
BIG O TIRES
PIZZA HUT
PEGGY'S CARD STABLE
MERL'S DONUTS & DELI
ROOKIES BAKERY
JOHN KENYON EYE CENTER
AMERICAN EYE INSTITUTE
WINN DIXIE
DR. BRADLEY BLACK &
DR. JULIE S. LEE
EDWARDS LANDSCAPING
MARRIOTT FOOD SERVICE
McDONALDS - CHARLESTOWN ROAD
FIRST NATIONAL BANK
INDIANA NATIONAL BANK
VALUE SUPERMARKET
LANCASTERS - MARKET STREET
BANQUET TABLE - CLARKSVILLE



9:00 AM - 10:30 AM - VISIT BOOTHS
9:30 AM - 10:30 AM - ROBERT HUBLER BAND
10:30 AM - 11:00 AM - AWARD OF PLAQUES & CERTIFICATES TO EXHIBITORS
& CONTRIBUTORS AND DRAWINGS FOR DOOR PRIZES
11:00 AM - 11:30 AM - HARMONICS
11:30 AM - 11:45 AM - CONGRESSMAN LEE HAMILTON
11:45 AM - 12:00 PM - BREAK
12:00 PM - 12:15 PM - INTRODUCTIONS
12:15 PM - 12:45 PM - INVOCATION BY REV. MICHAEL DAY & LUNCH
12:45 PM - 12:50 PM - NATIONAL ANTHEM BY NANCY HAYES
12:50 PM - 1:30 PM - AWARD OF MEDALS
BALANCE OF DOOR PRIZES
1:30 PM - 1:45 PM - CLOSING REMARKS



CLOSING CEREMONIES JUNE 9





CLOSING CEREMONIES JUNE 9

A VERY SPECIAL THANKS TO YOU!!!

Mayor Dale Orem	Trinity United Methodist Church
Mayor Robert Real	Robert Hubler Band
New Albany Parks Department	Indiana University Southeast
Jeffersonville Parks Dept.	Jansen Hall/Nursing Home Games
VNA of Southeastern Indiana	Preservation Station
Medic Ambulance Service	American Association of
American Legion Post #35	Retired Persons,
Jeffersonville High School	Jeffersonville and
Bob Calbert (Asst. Track Coach)	Floyd County Chapters

And thanks to all of the Wonderful Volunteers who helped make the SENIOR GAMES a success!

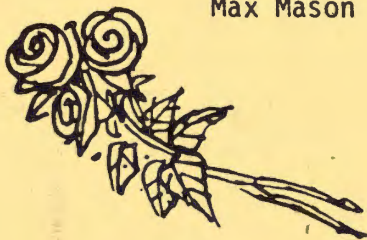
SENIOR GAMES ADVISORY BOARD

Jack Brogan	Harold Lakeman
Karen Anderson	Thelma Bertrand
Patricia Jewell	Vicki Vallejos
Kent Wells	Jack Sattler
Tracy Knofla	Sister Maria Smith
Gerrie Kaps	Carolyn Eve
Ed Bachman	Jack Oberhausen
Mary Ann Sodrel	Don Sodrel

BOARD MEMBERS SOUTH CENTRAL INDIANA COUNCIL FOR THE AGING & AGED, INC.

1989

William Aldridge	Nathaniel Graves
Joyce Brown	Donna Greenhill
James Buchanan	Michael Hetzel
Wayne Buchninsky	Tom Horn
Walter Carter	Max Mason
Edgar Day	



DOOR PRIZES & DONATIONS

MIRACLE EAR
KRAFT FUNERAL SERVICE
NORTON SENIOR CONNECTION
THE HARTFIELD COMPANY
VISITING NURSES ASSOCIATION
OF SOUTHEASTERN INDIANA
CIRCUIT CITY
KENNY'S KURLS WITH KLASS
WENDY'S
HARDEES, GRANT LINE ROAD
FIRST FEDERAL SAVINGS & LOAN
ASSOCIATION OF CLARK COUNTY
DRUTHERS
HARSHFIELD BROTHERS PRODUCE CO.
KENTUCKY FRIED CHICKEN
(CHARLESTOWN ROAD)
CLARKS MICROWAVE
MARGARET LAND
CAROLYN EVE
VICKIE MEDLOCK
KENTUCKIANA FOOD SERVICES
YESTERDAY HOUSE
CITIZENS FIDELITY BANK
& TRUST COMPANY
ARVEL JOHNSON
BLUE BOAR OF CLARKSVILLE
DENNY'S - CLARKSVILLE
HARDEES - STATE STREET

LITTLE CAESARS PIZZA
BLACKISTON BOWL
PROVIDENCE RETIREMENT HOME
TWILIGHT GOLF COURSE
STAR CLEANERS
JIM BARBER, JEFF ELKS GOLF PRO
PONDEROSA - CLARKSVILLE
PONDEROSA - CORYDON
BIG O TIRES
PIZZA HUT
PEGGY'S CARD STABLE
MERL'S DONUTS & DELI
ROOKIES BAKERY
JOHN KENYON EYE CENTER
AMERICAN EYE INSTITUTE
WINN DIXIE
DR. BRADLEY BLACK &
DR. JULIE S. LEE
EDWARDS LANDSCAPING
MARRIOTT FOOD SERVICE
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CLOSING CEREMONIES JUNE 9



61

We thank you

Indiana University Southeast

for your support of

*Senior Games
of Indiana*

Your contribution has brought joy in the
hearts of the Senior Participants in Area 14

9th day of June, 1989

Pattie Jewell

Executive Director of Area 14

Thelma Bertrand

Coordinator of Senior Games

South Central Indiana Council for the Aging & Aged, Inc.

1989 SENIOR GAMES OF INDIANA - BOWLING
BLACKISTONS BOWL, CLARKSVILLE, INDIANA

PLEASE PRINT

NAME _____ LANE _____ CODE _____

IF YOU WISH TO BOWL WITH A CERTAIN INDIVIDUAL/INDIVIDUALS-PLEASE LIST NAME/NAMES.

IT IS YOUR RESPONSIBILITY TO TURN THIS SHEET IN TO THE SENIOR GAMES DESK AT END OF BOWLING

CURRENT AVERAGE	HANDICAP	FIRST GAME	SECOND GAME	THIRD GAME	TOTAL SERIES

*HANDICAP BASED ON 80% OF 200 AVERAGE. FIGURE SHOWN IS 3 TIMES AMOUNT OF INDIVIDUAL GAME HANDICAP. TOTAL SERIES FIGURE WILL INCLUDE SCORES OF THREE GAMES PLUS HANDICAP.

I HEREBY CERTIFY THAT THE CURRENT AVERAGE LISTED ABOVE IS MY TRUE AND CURRENT AVERAGE.

CODE-REGULAR BOWLERS

MALE	FEMALE
55-64 MRA	FRA
65-74 MRB	FRB
75-+ MRC	FRC

(SIGNATURE OF CONTESTANT)
CODE-NON-REGULAR BOWLERS

MALE	FEMALE
55-64 MNA	FNA
65-74 MNB	FNB
75-+ MNC	FNC

INSTRUCTIONS:

THREE GAMES WILL BE BOWLED.

BOWLERS WILL BE ASSIGNED LANES BY THE GAMES CHAIRMAN.

BOWLERS WILL ENTER GAMES OFFICE AND PICK-UP THEIR SCORESHEET AND LANE ASSIGNMENTS.

NO MORE THAN FIVE BOWLERS WILL BE ASSIGNED A LANE.

BOWLING WILL START AT 1:00PM (SHOULD BE OVER BY 4:00PM OR SOONER).

JACK SATTLER
CHAIRMAN





IHCA

Indiana Health Care Association

ONE NORTH CAPITOL - SUITE 1115
INDIANAPOLIS, IN 46204
(317) 636-6406

RICHARD L. BUTLER, ESQ.
Executive Director

Memorandum

TO: IHCA Member Facilities

FROM: Michael O'Connor, Deputy Director for Community Services and Consumer Affairs

DATE: May 31, 1989

RE: Senior Games

For the past several years the Area Agencies on Aging have sponsored an event called "Senior Games." Through contributions the Area Agencies provide: participant T-Shirts, gold, silver and bronze medals and awards, and an awards banquet following the event. The Senior Games now involve an ever growing base of seniors, volunteers, local college personnel of both coaches and students, hospitals, media, and elected officials.

Your facilities may want to participate. The Area Agencies welcome:

- *participants to fill events which range from shuffleboard to watermelon seed spitting contests, from Euchre Tournaments to dominoes. There are many activities and events in which your residents could participate. Some of the Area Agencies have the ability to transport residents to the location of the event.
- *Volunteers to assist with the games, such as the activity directors, medical personnel, aides, etc.
- *Use of the LTC Facility grounds/space to accommodate particular events.
- *Sponsors to assist with the funding of these events.

What Administrators think...

In 1988 fifteen Long Term Care Facilities in Clark, Floyd, Harrison, and Scott County Area were involved with the South Central Indiana Council for the Aging and Aged, Inc. (Area 14). Lunch for the 200 participants was prepared at a Long Term Care Facility.

"...It was a very inspiring sight seeing 14 nursing home residents from 14 nursing homes,...proudly wearing the bright red Senior Games T-Shirts and riding in 8 "spic-n-span" antique cars."



SENIOR GAMES OF SOUTHERN INDIANA
HEALTH FAIR

JUNE 8, 1989
8:30 AM - 3:30 PM

TRINITY UNITED METHODIST CHURCH
2796 Charlestown Road
New Albany, Indiana

Co-sponsored by the Jeffersonville
and Floyd County Chapters of AARP



NAME: _____

SCREENING RESULTS: _____

BLOOD PRESSURE: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

BLOOD SUGAR: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

FOOT EXAM: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

HEARING: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

BODY FAT: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

PULMONARY FUNCTION: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

CATARACT/GLAUCOMA: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

CHOLESTEROL: _____

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

SOUTH CENTRAL INDIANA COUNCIL FOR THE AGING & AGED, INC. 134 E. MAIN ST.

NEW ALBANY, IN



Blue Cross
Blue Shield



JOHN-KENYON EYE CENTER



Mrs Dorothy E Voll
600 Country Club Dr 19
New Albany IN 47150

67



Mr-Mrs Gordon Chism
115 E Daisy La
New Albany IN 47150

Dear Friends,
Want to tell you we enjoyed
this week of the Senior Games.
We've attended all 3 years & to
be sure you are getting Better &
Better. We appreciate all
your hard work & we love
you for all the good fellow-
ships you've provided for
us.
Thank you - Thank you
Gordon & Margaret Chism

67
June 18, '89

To one & all at the Council

Better late than never, as the saying goes, but none the less sincere. My thanks for a great job well done! The Sr. Games Program was well organized and provided lots of fun for all.

My "shirts off to you."

Gratefully yours

Dorothy E. Volk

Mr-Mrs Gordon Chism
115 E Daisy La
New Albany IN 47150

Dear Friends,

Want to tell you we enjoyed this week of the Senior Games. We've attended all 3 years & to be sure you are getting Better & Better. We appreciate all your hard work & we love you for all the good fellowships you've provided for us.

Thank you - Thank you
Gordon & Margaret Chism

Senior Games for Nursing Homes

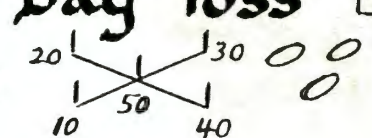
held at
Providence Retirement Home

Gold, Silver, Bronze Medals

Tee Shirts ~ Certificates for All

Games ~ Ball in Basket 

Bean Bag Toss 

Ring Toss 

Names of Homes Invited to Participate

*Corydon Nursing Home
Indian Creek Conv. Center
Longworth Villa
Jeffersonville Nursing Home
Clarksville Health Care Center
Maple Manor Nursing Home
Wedgewood Manor
New Albany Nursing Home
Green Valley Conv. Center*

*Westminster Village
Medco Care Center
Lincoln Hills
Rolling Hills
Providence Retirement Hon.
Cardinal Health Care
Hillcrest Healthcare Center
Clark Co. Continuing Care*

• NURSING HOME GAMES 1989
• PROVIDENCE RETIREMENT HOME



• NURSING HOME GAMES JUNE 8
• PROVIDENCE RETIREMENT HOME



17
REGISTRATION FORM - PLEASE COMPLETE AND RETURN TO THE
SOUTH CENTRAL INDIANA COUNCIL FOR THE AGING & AGED, INC.
134 E. MAIN ST., NEW ALBANY, IN 47150

Name: _____ Address: _____

Phone: _____ City: _____

Registration FEE of \$5.00 covers all events except cholesterol test.

Age: 55-64 _____ 65-74 _____ 75 or above _____

I WISH TO ENTER THE FOLLOWING EVENTS:

June 5

Fun Walk _____

Frisbie Contest _____

Lunch for Fun Walkers
and Frisbie contestants _____

Bingo _____

June 6:

Golf Tee time 8:00 AM _____

Fishing 8:00 AM
Everyone to furnish own bait and
pole. One pole only!

Lunch for Fishermen/women _____

Horseshoes 1:00 PM _____

June 7:

One Mile Walk _____

Two Mile Walk _____

Picnic and Fun Games for
walkers and card/checker player
check ONE!

Euchre _____ Bridge _____
Pinochle _____

June 7 continued

Bowling
(Bowling and card games at the same time
choose 1) Snacks provided to the first
200 people to sign up.

June 8:

Health Fair _____

Please sign if you want
the Cholesterol test \$10.00 _____

Other tests are free

Swimming
(You can go to the Health Fair & swim-
ning)
Back stroke _____ Breast stroke _____
Side stroke _____ Free style _____
Innertube race _____ Air mattress race _____

June 9

Closing Ceremonies, Grand Convention
Center.

Lunch free for participants
Please check if you will attend _____

UNLESS OTHERWISE NOTIFIED, T SHIRTS MAY BE PICKED UP AT OUR OFFICE, 134 E. MAIN
STREET, NEW ALBANY, MAY 1, 1989. 500 SHIRTS HAVE BEEN ORDERED. SHIRTS WILL BE
GIVEN ON A FIRST COME FIRST SERVE BASIS.

CHECK SIZE: extra extra large _____ extra large _____ large _____ medium _____

YOUR MEAL TICKETS AND INFORMATION ON ANY ADDITIONS OR SUBSTITUTION WILL BE GIVEN
TO YOU WHEN YOU PICK UP YOUR T SHIRT.

Senior Games Liability Waiver

I hereby agree for myself, my executors, administrators, and assigns to indemni-
fy and hold harmless all sponsors, officials, and persons and agencies connect-
ed with the 1989 Senior games of Indiana from all claims for damages arising in
connection with my participation in the Senior Games.

I have prepared myself for the events which I have entered by practicing prior
to the Senior Games. To the best of my knowledge and belief, I have no physi-
cal restrictions which would prohibit my participation on the events I have
selected. I have been advised by the sponsors of the Senior Games that it would
be in my best interest to consult my physician in regard to participation in the
Senior Games sponsors and officials have my permission to have a physician
attend me if it is deemed necessary during my participation in the Senior Games.

I also hereby give my permission to the sponsors of the Senior Games to use my
name and/or picture in any newspaper, broadcast, telecast, or any other account
of this event without remuneration to me.

SIGNED: _____ DATE: _____

Whom to contact in case of an Emergency:

NAME: _____ PHONE: _____

1989
SENIOR GAMES OF INDIANA
ADVISORY BOARD

Jack Brogan, AARP
1107 E. 8th St.
Jeffersonville, In 47130
283-3922

Harold Lakeman
Representing Mayor Dale Orem
Jeff. Parks Dept.
1406 Frederick
Jeffersonville, In 47130
282-2844

Karen Anderson, Program Director
New Albany Parks & Recreation
1721 Ekin Ave.
New Albany, In 47150
948-5360

Thelma Bertrand, Coordinator
Senior Games of Indiana
134 E. Main St.
New Albany, In 47150
948-8330

Patricia Jewell, Executive Director
SCIC for the Aging & aged, Inc
134 E. Main St.
New Albany, In 47150
948-8330

Vicki Vallejos, Coordinator
Community Education
VNA of S.E. Indiana
P.O. Box 1358
Jeffersonville, In 47130
288-2700

Kent Wells
Clark Co. Health Dept.
1220 Missouri Ave.
Jeffersonville, In 47130
282-7521

Jack Sattler
216 E. Lewis St.
New Albany, In 47150
945-7547

Tracy Knofla, IUS
4201 Grant Line Road
New Albany, In 47150
945-2731 (ext.316)

Sister Maria Smith
Providence Retirement Home
701 E. Spring St.
New Albany, In 47150
945-5221

Gerrie Kaps
(Representing Mayor Robert Real)
City County Bldg.
New Albany, In 47150
948-5333

Carolyn Eve, Treasurer
City County Building
New Albany, In 47150
948-5477

Ed Bachman
1579 Eastwood
New Albany, In 47150
948-0616

Jack Oberhausen
218 Union St.
New Albany, In 47150
944-4928

Mary Ann & Don Sodrel
Interfaith Comm. Council
702 E. Market St.
New Albany, In 47150
948-5360

VISIT THE BOOTHS
AT THE

GRAND CONVENTION CENTER
134 EAST MARKET STREET
NEW ALBANY, INDIANA

DURING OUR CLOSING CEREMONIES JUNE 9, 1989

BLUE CROSS & BLUE SHIELD OF INDIANA

INDIANA BELL

CITIZENS FIDELITY BANK & TRUST
COMPANY, INDIANA

JOHN KENYON EYE CENTER

FLOYD MEMORIAL HOSPITAL

MIRACLE EAR

THE HARTFIELD COMPANY

BRADLEY C. BLACK MD & JULIE S. LEE, MD

CLARK COUNTY MEMORIAL HOSPITAL

NORTON SENIOR CONNECTION

KRAFT FUNERAL HOME

SOUTH CENTRAL INDIANA COUNCIL
FOR THE AGING & AGED, INC.

DOORS OPEN 9:30 AM

Super



GOLD STAR CONTRIBUTORS:
(Cash contribution of \$1,000.00 or more)

Blue Cross and Blue Shield of Indiana

Indiana Bell

John Kenyon Eye Center

Norton Senior Connection

Bradley C. Black MD and Julie S. Lee, MD

SILVER STAR CONTRIBUTORS:
(Cash contribution of \$500.00 or more)

Citizens Fidelity Bank & Trust Company, Indiana

Kraft Funeral Service

Floyd Memorial Hospital

The Hartfield Company

Clark County Memorial Hospital

Miracle Ear



A little



for our

VERY SPECIAL "in kind" CONTRIBUTORS !!!!!

Preservation Park, Mr. and Mrs. William Whitaker Opening Ceremonies	June 5
Bill and Mary Nesom Little Caesars Pizza Pizzas for the Fun Walkers	June 5
Winn Dixie Beverages for the Fun Walkers	June 5
Bradley C. Black MD and Julie S. Lee MD Desserts for the Fun Walkers	June 5
John Kenyon Eye Center Frisbies for the Frisbie Contest	June 5
Grand Prize - Bingo Coverall	June 5
Lunch - Fishing Contest	June 6
Prizes - Fun Games	June 7
Grand Prize - Closing Ceremonies	June 9
The Hartfield Company A \$3.00 Green Fee for the Golfers	June 6
Indiana University Southeast Hoosier Room and Campus	June 7
Marriott Food Service Kentuckiana Food Service Picnic Lunch	June 7
Yesterday House Cookies and Punch - Card Games	June 7
American Eye Institute Trophies - Bowling Snacks - Bowlers	June 7
Bill Brady, Blackiston Bowl Bowling Lanes	June 7
Providence Retirement Home Host - Games for Nursing Home Residents Lunch	June 7
Trinity United Methodist Church Health Fair	June 8



Floyd County and Jeffersonville Chapters of AARP Health Fair	June 8
Public Service Company Snacks - Swimming Event	June 8
New Albany High School Swimming Pool	June 8
The "Bavarians" Entertainment	June 8
Edwards Landscaping Flowers and Plants	June 9
Norton Senior Connection Lunch - Closing Ceremonies	June 9
McDonald's Restaurant, Charlestown Road, New Albany, In. Beverages - Closing Ceremonies	June 9
Mayor Dale Orem City of Jeffersonville and	
Mayor Robert Real City of New Albany Support and cooperation	
Louis Eve Correlating Copy - Program Book	
Visiting Nurses Association of Southeastern Indiana Nurses - Medical Supplies	
Senior Games Advisory Council Assistance in many areas	
Volunteers Volunteer Hours	
Staff of the Council on Aging (Area 14)	







June 6
Warden Park
Opening
ceremonies

(2)

June 6

Balloons

(3)





June 6
~~from Walk~~
Orel + Terry
Wren (4)





Pacific
following
spring summer
(5)

June 7
Swimming
(6)



June 7

Checkers

7800



June 7

8



June 8
Fishing

(9)

June 8
Bowling

(10)



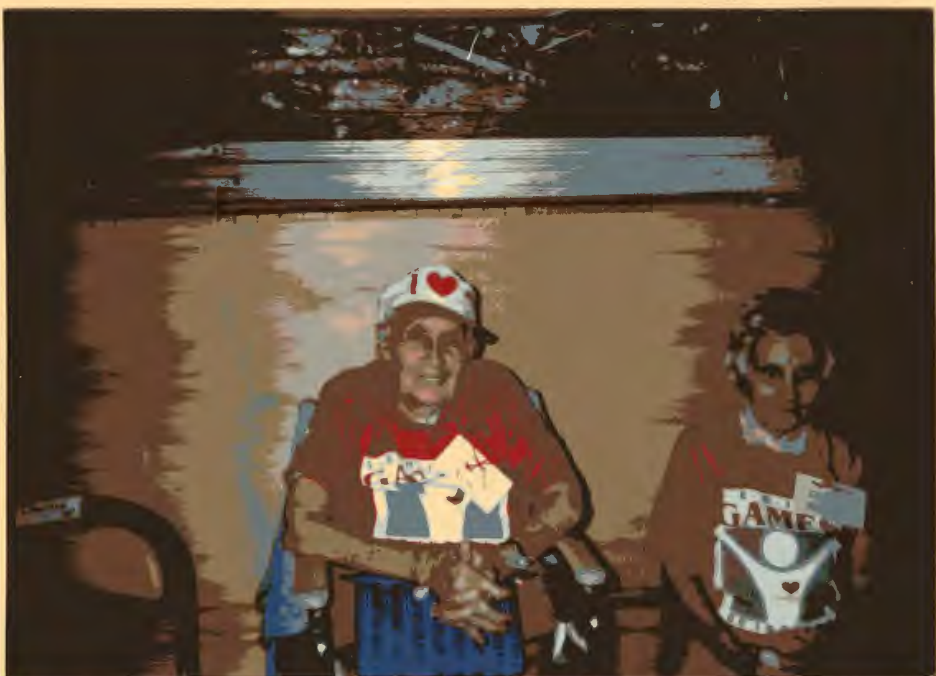


Nursing

Home

(11)







June 9
Golf
12

June 10
Health Fair

13





Jan 10
Close
Sand Jan 11
 14











